

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

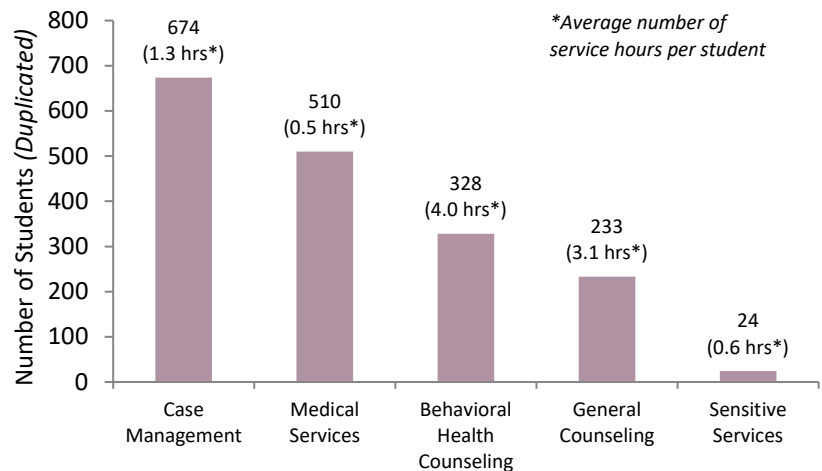
Total Number of Youth Served	1,058 (unduplicated) 52% of the student population (2,010 in 2016-17)
Total Number of Service Hours	4,701 hours (an average of 6.4 hours per student)
Student Drop-Ins	83 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 14,958 student contacts .

Outreach & Education Highlights

Wellness provided 148 health promotion activities reaching 36,787 students (duplicated), including:

- Wellness 101: Student and Parent Orientation
- Fall Health and Resource Fair
- STOMP Out Bullying
- Bisexuality Awareness Week
- Bike and Roll to School Day
- Spring Health Fair and Rally
- AIDS Memorial Quilt Presentation
- Classroom Presentations on Marijuana; E-cigs and Tobacco; and Sexual Health
- Staff Professional Development on Marijuana and the Adolescent Brain

Top Five Types of Services by number of students served



“Wellness staff really do care. They do their very best to help me deal with my constant stress.”
- Washington Student

Student Support Groups

Wellness organized 16 groups and clubs reaching 336 students, including:

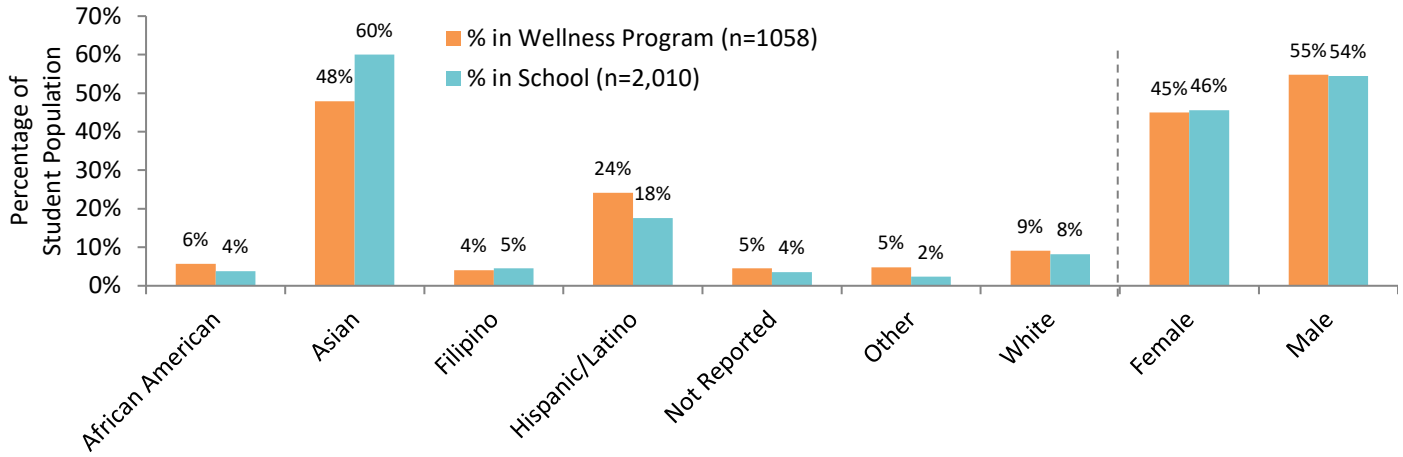
- Black and Latino Young Men’s Group
- Bully Me Not
- CYC Asian Pacific Islander Group
- CYC Newcomer Group
- Grief and Loss Group
- Latinos Unidos
- New Year’s Resolution (Substance Abuse Support) Group
- Q Group
- Samoan and Polynesian Group
- Social Skills Photo Club
- Youth Outreach Worker Program

Community Partners

Wellness collaborated with 35 community-based organizations, including:

- Asian Women’s Shelter (Arabic Women Services)
- Breathe California
- CHALK
- Community Youth Center
- Filipino Community Center
- Huckleberry Wellness Academy
- Mo’Magic
- Ohlhoff Recovery Programs
- Veritable Vegetable
- Vietnamese Youth Development Center
- Youth Leadership Institute

Comparison of Student Demographics in School and Wellness Program Population



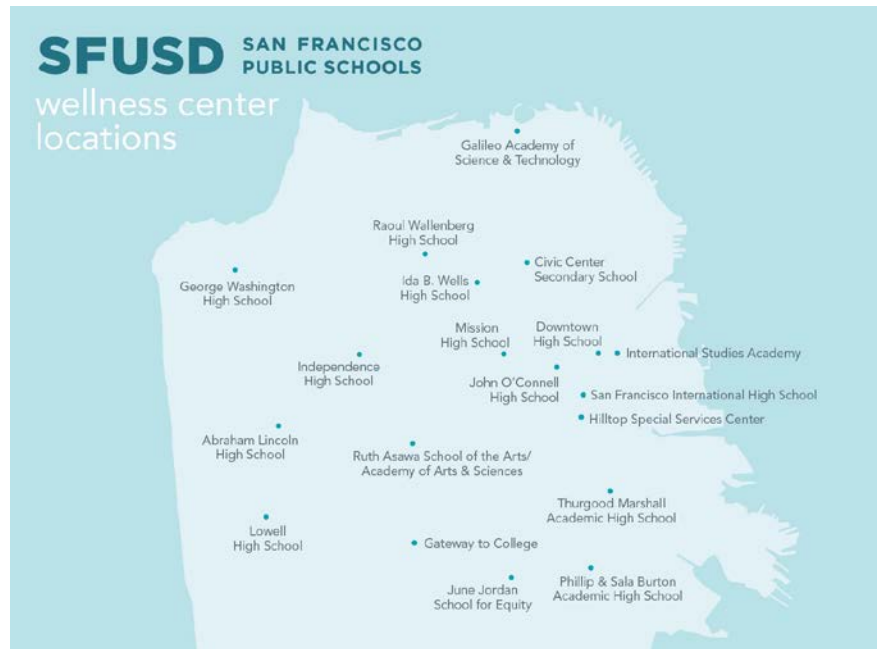
Wellness Team Members

Wellness Coordinator
Veronica Garcia

Community Health Outreach Worker
Steve Youn

School District Nurse
Lynda Boyer-Chu

Behavioral Health Therapists
Michael Ceely, Kheit Trong (RAMS)
Interns and Volunteers
Staci LaFortune, Brad Akin (SIT)
Stephanie Dupuy (Foster Youth Services)



Contact

600 32nd Avenue
San Francisco, CA 94121
(415) 379-8111
washington@sfallness.org
www.sfallness.org

Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2013-14 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.