

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

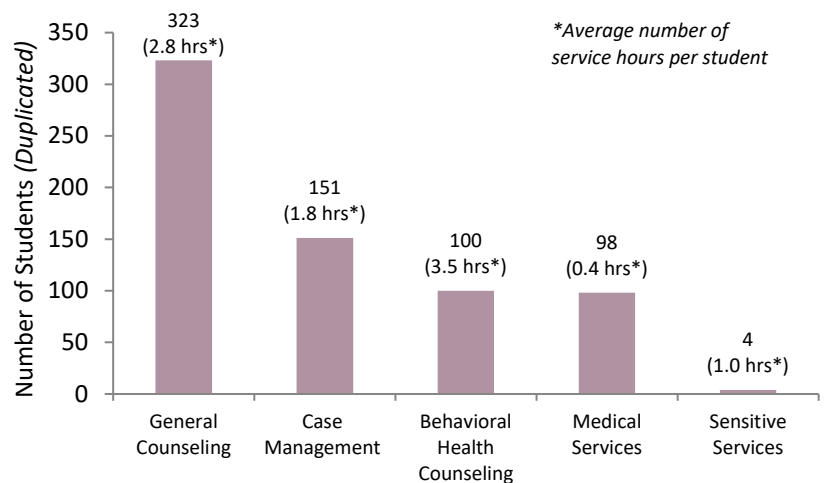
Total Number of Youth Served	395 (unduplicated) 59% of the student population (664 in 2016-17)
Total Number of Service Hours	2,201 hours (an average of 5.8 hours per student)
Student Drop-Ins	58 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 10,422 student contacts.

Outreach & Education Highlights

Wellness provided 48 health promotion activities reaching 6,334 students (duplicated), including:

- Wellness 101: Orientations for new students
- Love Fest
- Expect Respect: Healthy Relationships Presentations
- Classroom Presentations on Sexual Decision Making and STI's; Setting Goals and Overcoming Odstacles; Mental Health; and Sexual Harassment, Internet Violence and Cyber Safety; Gender Spectrum
- Parent Workshop about Student Support Services

Top Five Types of Services by number of students served



“The school nurse is extremely kind to everyone; I had an intense migraine, she not only addressed physical properties of my condition, but attempted to ease emotional anxiety as well. She's easily my favorite staff member at School of the Arts.”

- SOTA Student

Student Support Groups

Wellness organized 10 groups and clubs reaching 112 students, including:

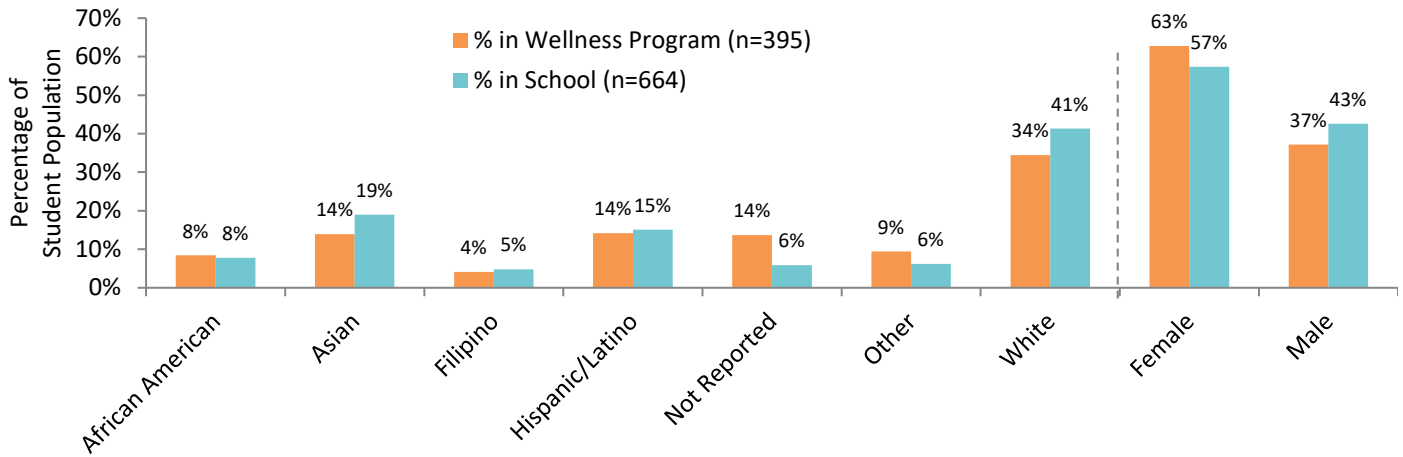
- 10th Grade Vocal Club
- Body Aloud Group
- Community Youth Center Group
- Diversity and People of Color Group
- Mo'Magic: Students of Color Support Group
- NAMI Group
- Latinx Club
- Q Group
- Young Men's Health Groups
- Youth Outreach Workers Program

Community Partners

Wellness collaborated with 10 community-based organization:

- Breathe California
- Community Youth Center
- Expect Respect
- Huckleberry Youth Services
- Mo'Magic
- National Alliance for Mental Health
- Ohlhoff Recovery Programs
- Planned Parenthood Northern California
- San Francisco Women Against Rape (SFWAR)
- San Francisco Suicide Prevention

Comparison of Student Demographics in School and Wellness Program Population



Wellness Team Members

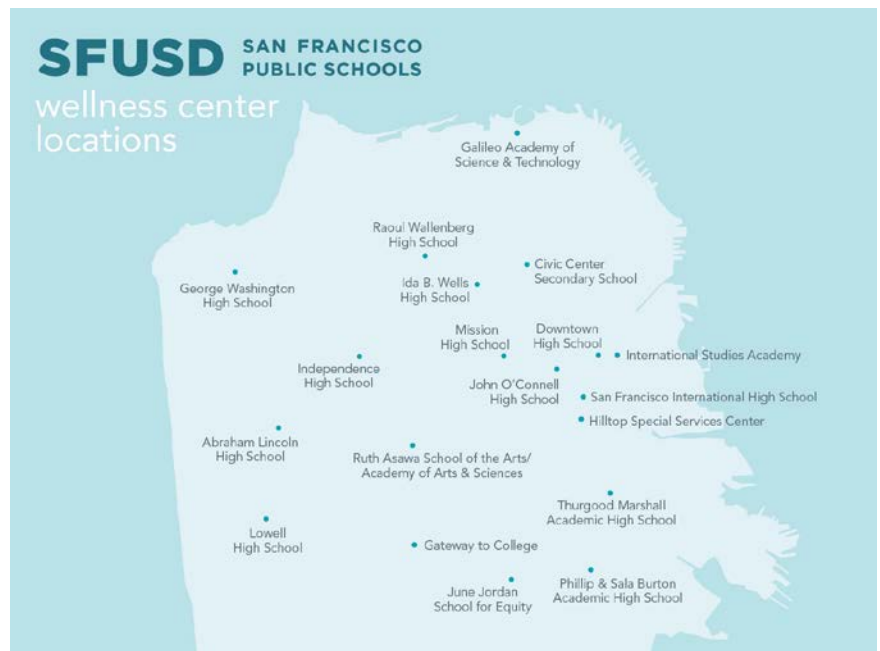
Wellness Coordinator
Robert Francoeur

Community Health Outreach Worker
Kimberlynn Acevedo

School District Nurse
Kelsey Hulse, Denise Ngo

Behavioral Health Therapist
Mario Tobo (RAMS)

Interns
Cheri Tsai (RAMS)
Alexandra Villafuerta (SIT)



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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2013-14 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.