

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

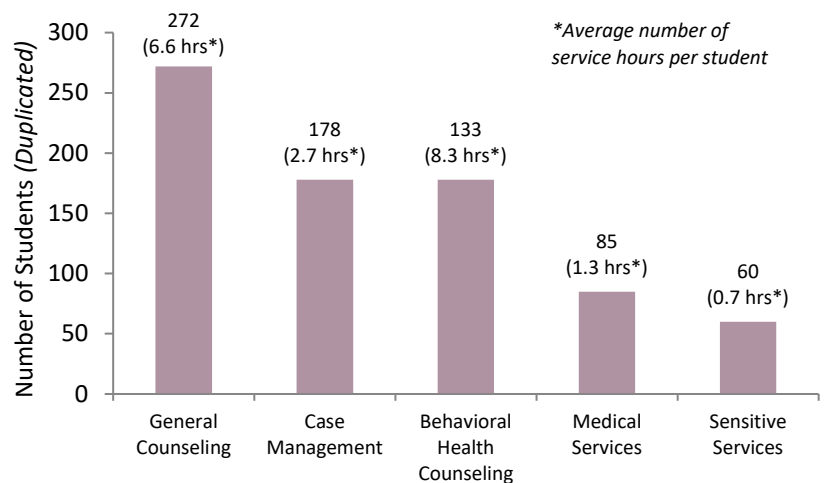
Total Number of Youth Served	323 (unduplicated) 87% of the student population (372 in 2016-17)
Total Number of Service Hours	3,537 hours (an average of 10.9 hours per student)
Student Drop-Ins	120 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 21,564 student contacts.

Outreach & Education Highlights

Wellness provided 66 health promotion activities reaching 1,831 students (duplicated), including:

- Wellness 101: Student Orientation
- Mentoring Events: Sugar Skills and Pumpkin Painting; Day of the Dead Altar Celebration; Drum Circle
- Health Fair: Mind Body And Soul Fest
- Classroom Presentations on Healthy Relationships; Stress Reduction; Safe Sex Decision Making, Tobacco Use and Substance Abuse
- Staff Professional Development on Emergency Medical Response for classrooms; Implicit Bias

Top Five Types of Services by number of students served



“The Wellness Center makes me feel safe and I know it is a place where people can support me if I ever feel down. They understand me and I can come here and feel comfortable in being myself.”

- John O'Connell Student

Student Support Groups

Wellness organized 9 groups and clubs reaching 116 students, including:

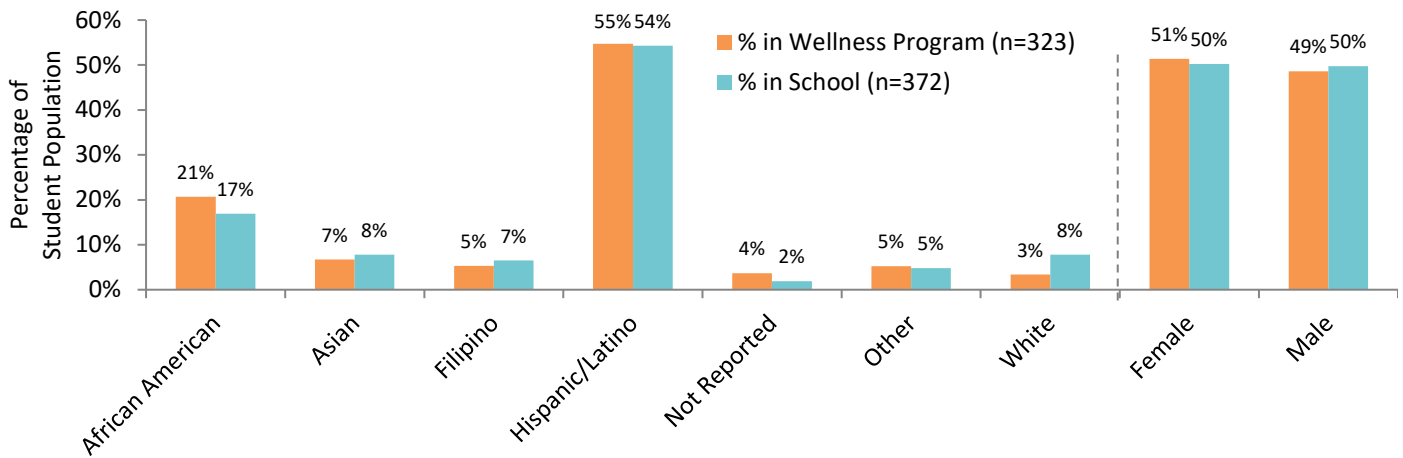
- Everforward Young Men's Workshop
- Mission Girl's Group
- Mo'Magic Young Men's Group
- Polynesian Club
- Young Men's Health Group
- Young Women's Groups
- Youth Outreach Worker Program

Community Partners

Wellness collaborated with 15 community-based organizations, including:

- 3rd Street Youth Clinic and Center
- Breathe California
- CARECEN (Central American Resource Center)
- La Casa de las Madres
- Mission Family
- Mission Girls
- Mission Neighborhood Health Center
- Ohlhoff Recovery Programs

Comparison of Student Demographics in School and Wellness Program Population



Wellness Team Members

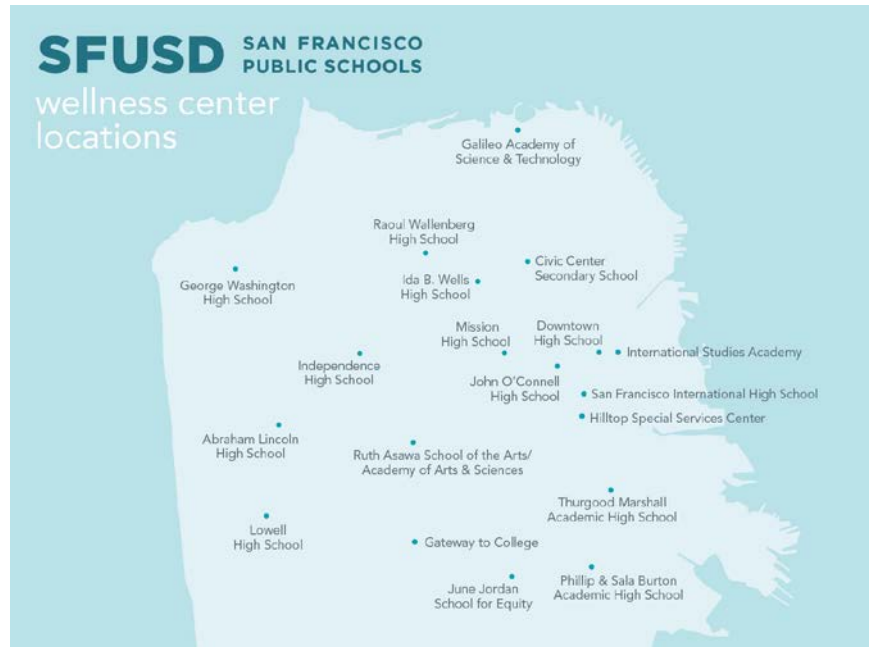
Wellness Coordinator
Carley Amigone

Community Health Outreach Worker
Valentina Bravo

School District Nurse
Stuart Dick

Behavioral Health Therapists
Laura Hahn (RAMS)

Interns
Chetna Mehta (RAMS)
Meredith DeHass (SIT)
Claudia Villarreal (Foster Youth Services)



Contact

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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2013-14 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.