

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

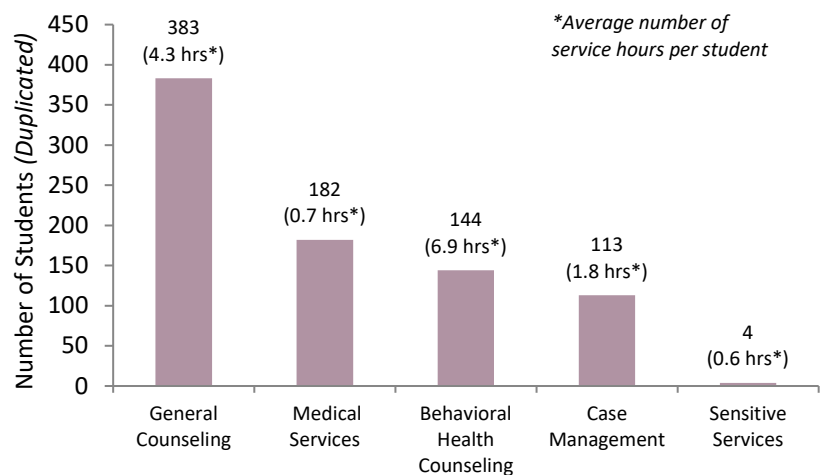
Total Number of Youth Served	454 (unduplicated) 98% of the student population (463 in 2016-17)
Total Number of Service Hours	2,976 hours (an average of 6.6 hours per student)
Student Drop-Ins	76 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 13,698 student contacts .

Outreach & Education Highlights

Wellness provided 59 health promotion activities reaching 4,772 students (duplicated), including:

- Wellness 101: Student Orientation
- Harvest of the Month Food Tasting and Cooking demonstrations
- Wellness Health Fair: Health Hydration
- Classroom Presentations on Knowing Your Rights: Newcomer Law; Birth Control; Healthy Relationships and Sexual Harrassment; Girls Empowerment; Summer Employment
- Staff Professional Development on Wellness 101 for New Staff, Healthy Holidays

Top Five Types of Services by number of students served



"...It's a great place where one finds support, understanding and love for students. They help a lot of kids, just like they are helping me."

- Thurgood Marshall Student

Student Support Groups

Wellness organized 14 groups and clubs reaching 192 students, including:

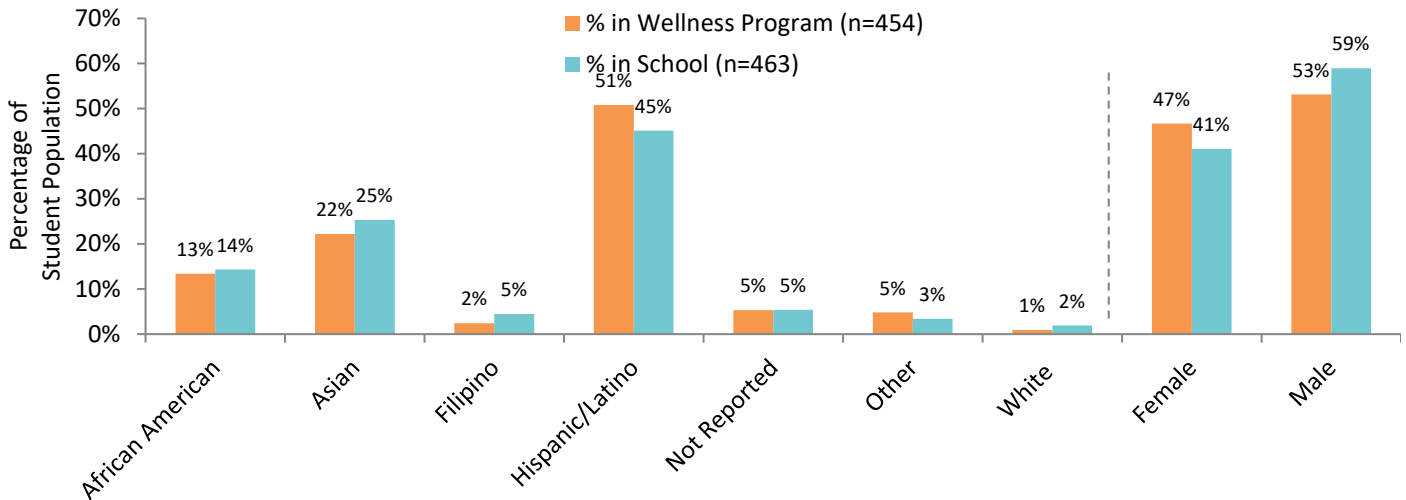
- Horizons BIS Group
- CYC Newcomer Club
- Fuerte Newcomer Boys Groups
- Instituto Familiar de la Raza Girls and Boys Groups
- RAMS Trauma Grief & Loss and Mindfulness Groups
- Mission Girls Group
- Nutrition Outreach Workers Program
- Sliver Ave Clinic Boys Group
- Q Group
- Vietnamese YDC Newcomer Group
- Young Men's Health Group
- Youth Outreach Workers Program

Community Partners

Wellness collaborated with 12 community-based organizations, including:

- 3rd Street Youth Clinic
- Bayview YMCA
- Bayview Hunters Point Foundation
- Community Youth Center (CYC)
- Edgewood Center for Children and Families
- Horizons Unlimited
- Instituto Familiar de la Raza
- Mission Neighborhood Center
- New Generations Clinic
- Ohlhoff Recovery Programs
- SF Violence Intervention Team (SFVIP)
- Vietnamese Youth Development Center

Comparison of Student Demographics in School and Wellness Program Population



Wellness Team Members

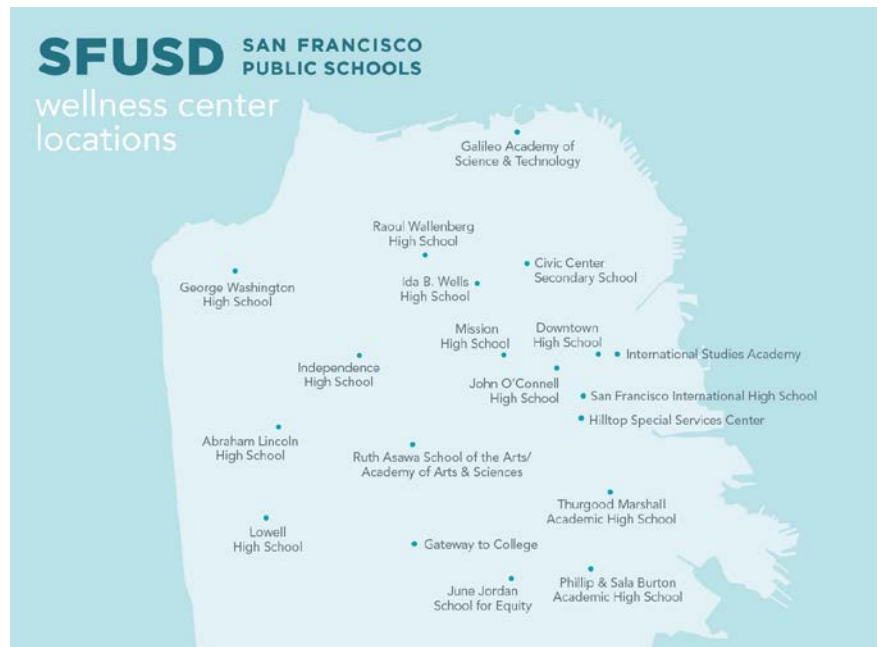
Wellness Coordinator
Wendy Snider

Community Health Outreach Worker
Jessie Escobar

School District Nurse
Elizabeth Latasa

Behavioral Health Therapists
Caya Schaan (RAMS)
Rebecca Martinez (RAMS)

Interns
Felisha Thomas (RAMS)
Tara Bredeesen (SIT)
Amanda Williamson (Foster Youth Services)



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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2013-14 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.