

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

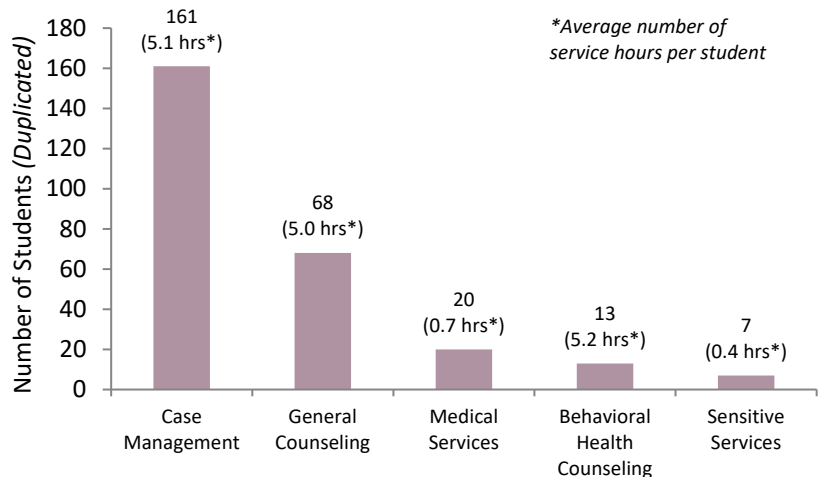
Total Number of Youth Served	174 (unduplicated) 85% of the student population (205 in 2016-17)
Total Number of Service Hours	1,259.3 hours (an average of 4.4 hours per student)
Student Drop-Ins	11 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 1,998 student contacts.

Outreach & Education Highlights

Wellness provided 17 health promotion activities reaching 124 students (duplicated), including:

- Wellness 101 Presentation for Students and Parents
- Classroom Presentations on LGBTQ Youth and Substance Use; Resisting Harmful Media Message and Internet/Technology Violence; Healthy Relationships; Body Image; Managing Stress and Time Management; Mental Health; Marijuana and the Adolescent Brain
- Staff Professional Development on Mandated Child Abuse Reporting; Trauma 101

Top Five Types of Services by number of students served



“The Wellness program has also helped me to become a better friend and family member, more attentive and caring than I've ever been. I now feel that I am empathic to a level which I never would have imagined.”

- Independence Student

Student Support Groups

Wellness organized 2 groups and clubs reaching 10 students, including:

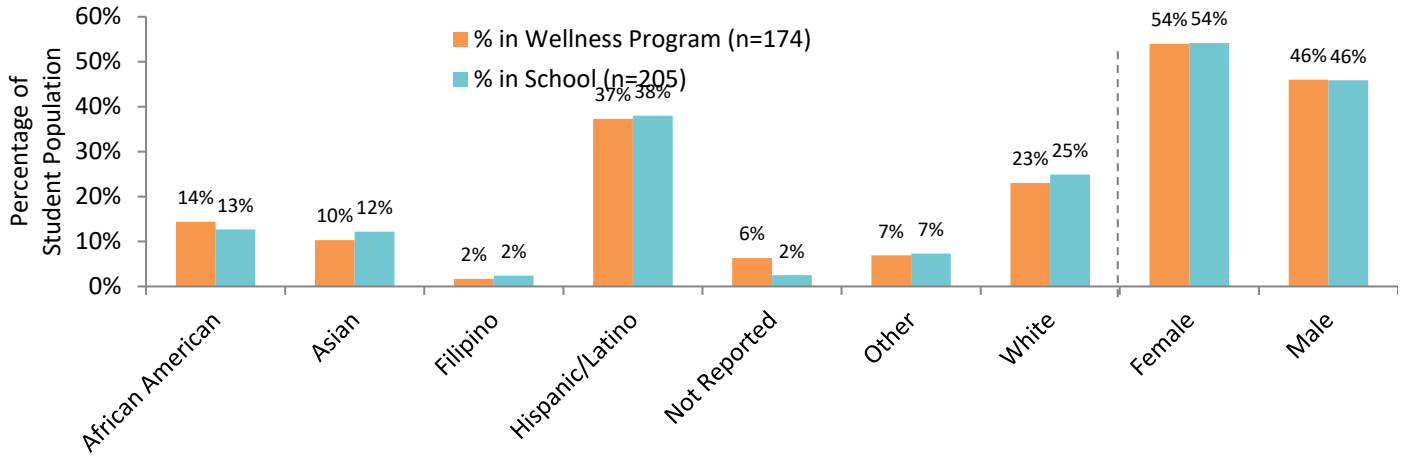
- Q Group
- Youth Outreach Worker

Community Partners

Wellness collaborated with three community-based organizations, including:

- Huckleberry Youth Programs
- Health Initiative For Youth (HIFY)
- Sunset Youth Services

Comparison of Student Demographics in School and Wellness Program Population



Wellness Team Members

Wellness Coordinator

Ann Collaço

School District Nurse

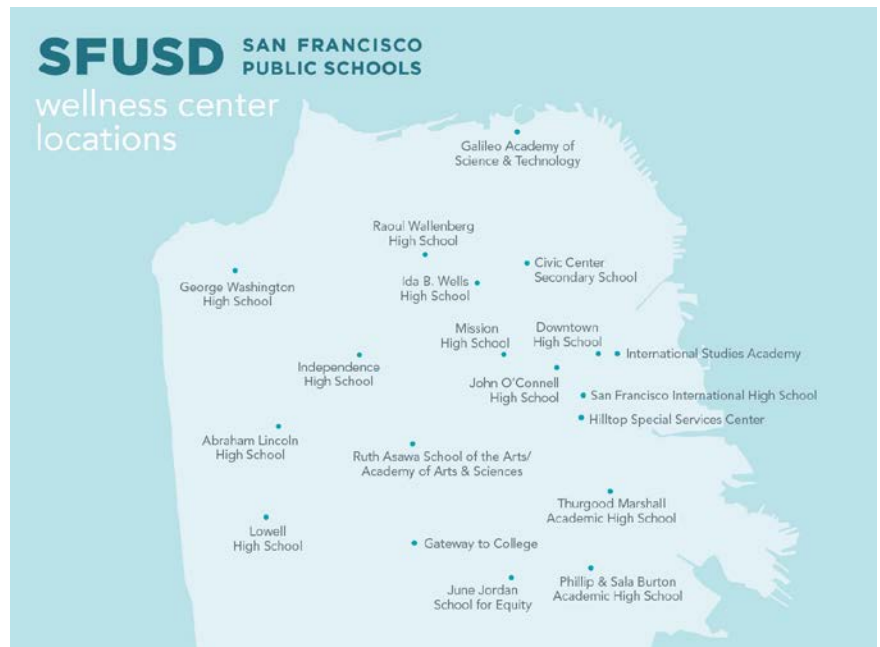
Catherine Jordan

Community Health Outreach Worker

Frida Ibarra

Intern

Rachel Bregman (SIT)



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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2013-14 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.