

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

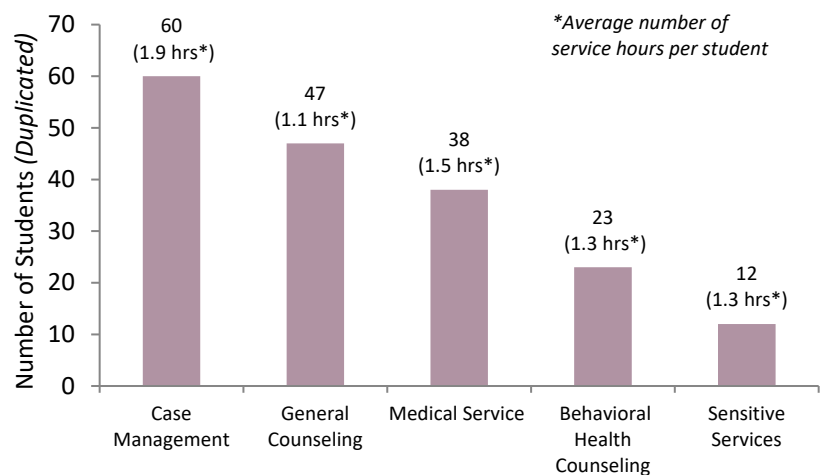
Total Number of Youth Served	64 (unduplicated) 148%* of the student population (43 in 2016-17)
Total Number of Service Hours	265 hours (an average of 4.1 hours per student)
Student Drop-Ins	31 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 5,616 student contacts.

Outreach & Education Highlights

Wellness provided 55 health promotion activities reaching 923 students (duplicated), including:

- Wellness 101: Student Orientation
- Classroom and Lunchtime Presentations on Marijuana; Alcohol and Substance Abuse; Infant and Child Safety; Legal Services; Mental Health Services; Car Seat Safety; Birth Control Methods; Paternity Questions and Concerns; Employment Opportunities
- School Wide Assemblies on Black History and Latino Culture
- Parent/Child Wellness Field Tips: Swimming and The Zoo

Top Five Types of Services by number of students served



““I count on the Wellness program because I know their door will always be open. When I have questions, need help or advice for me and my daughter.”

- Hilltop Student

Student Support Groups

Wellness organized 3 groups and clubs reaching -- students, including:

- Black Student Union
- Violence Prevention Group for Spanish Speaking Students
- Youth Outreach Workers Program (YOW)

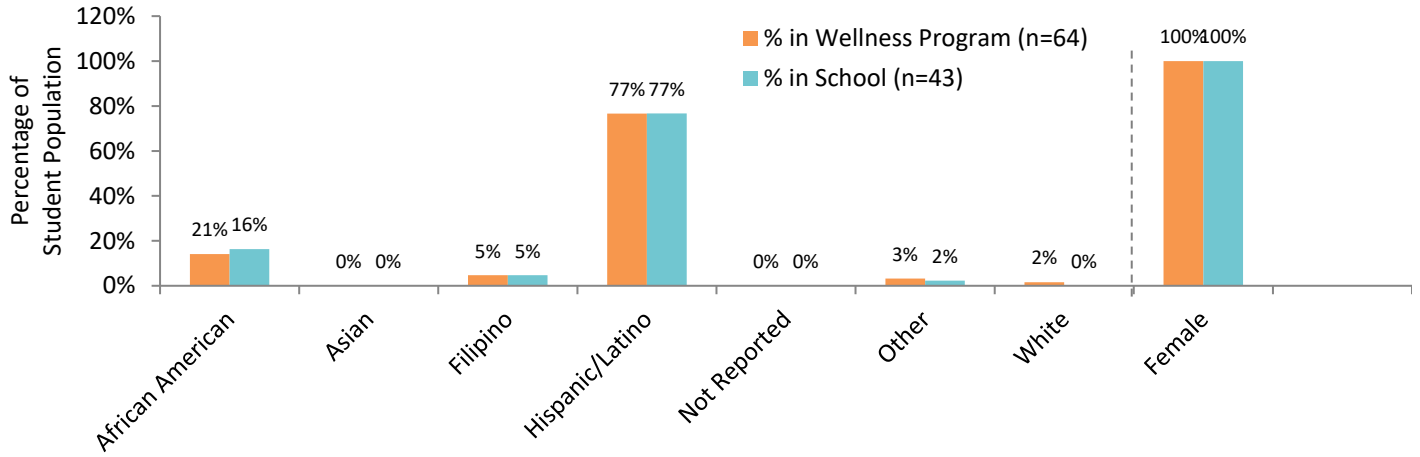
Community Partners

Wellness collaborated with 6 community-based agencies, including:

- Bay Area Legal Aid
- Child Literacy
- Full Circle Family Therapy
- Horizons Unlimited
- Teenage Pregnancy and Parenting Program (TAPP)
- UCSF Infant Parent Program

*Students can be placed at Hilltop throughout the school year, thus the number of students increases as the year progresses. However, student enrollment figures are based on data from October 2013.

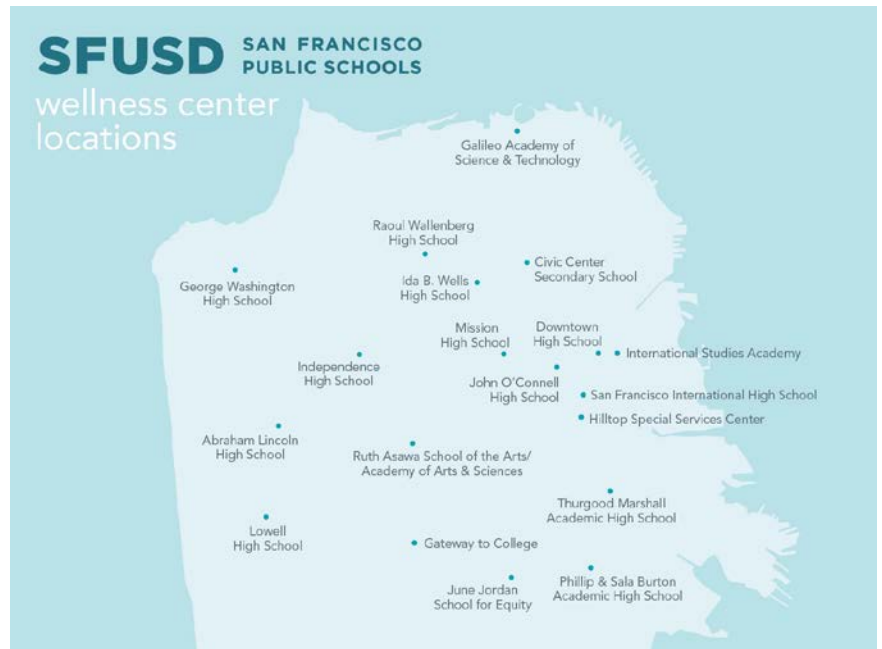
Comparison of Student Demographics in School and Wellness Program Population



Wellness Team Members

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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2014-15 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.