

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

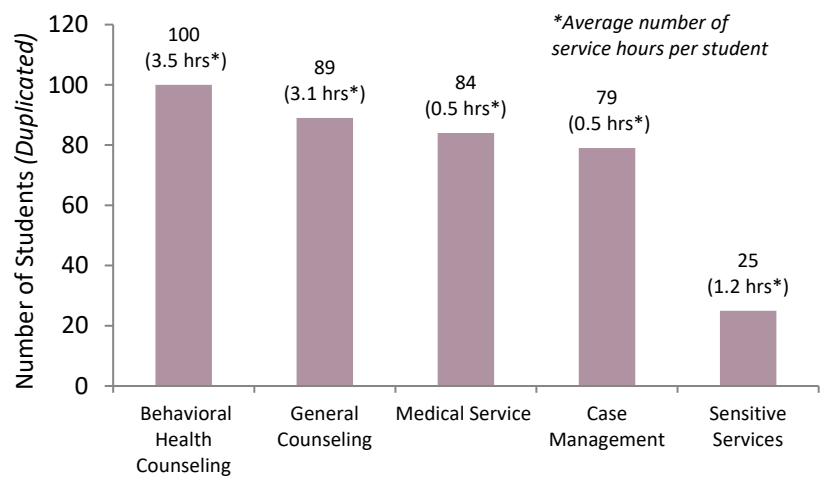
Total Number of Youth Served	265 (unduplicated) 73% of the student population (362 in 2016-17)
Total Number of Service Hours	933 hours (an average of 3.5 hours per student)
Student Drop-Ins	80 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 14,418 student contacts .

Outreach & Education Highlights

Wellness provided 22 health promotion activities reaching 2,225 students (duplicated), including:

- Wellness 101: Student Orientation
- “Spread the Love”- Health Fair
- Expect Respect
- Frisco Day at Academy
- Peace Day
- Classroom Presentations on Suicide Prevention; Drugs/Alcohol & the Brain; Healthy Relationships;
- Staff Professional Development on Student and Staff Wellness; Marijuana and Teenage Brain

Top Five Types of Services by number of students served



“The Wellness Program has impacted me in so many ways. It makes me care more about what's good for me physically and mentally. It helps me solve problems on my own and I have learned new health-related things that I never knew about.”

- Academy Student

Student Support Groups

Wellness organized 7 groups and clubs reaching 75 students, including:

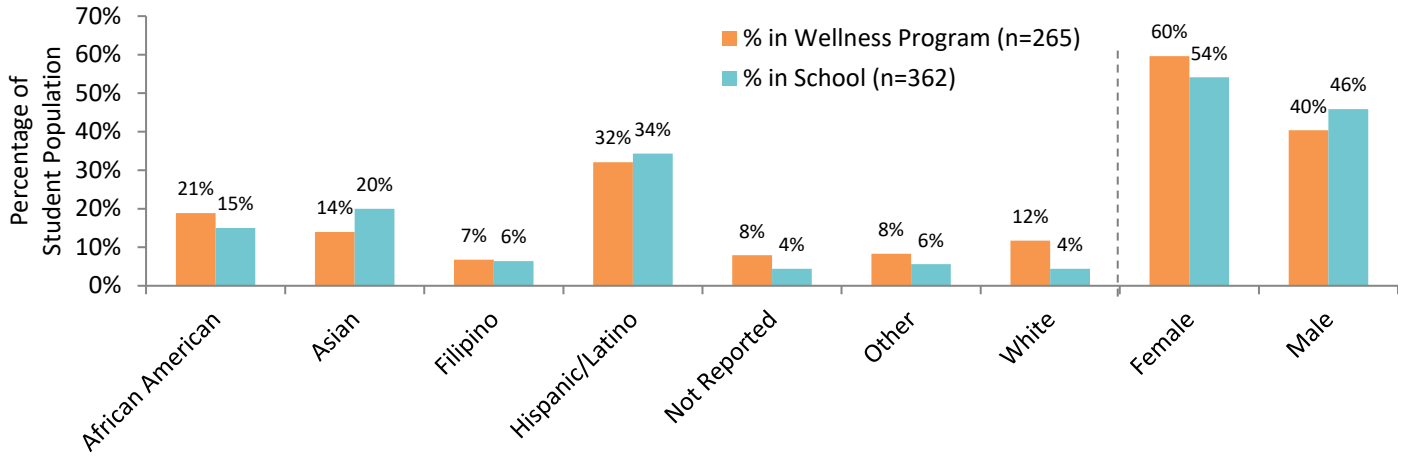
- Center on Juvenile and Criminal Justice Group
- Q Group
- Young Men’s Health Groups
- Mo’Magic Girls Group
- Mo’Magic Boys Group
- Community Youth Center Group
- Youth Outreach Workers Program

Community Partners

Wellness collaborated with 12 community-based agencies, including:

- Community Youth Center
- Center on Juvenile and Criminal Justice (CJCJ)
- Community Boards
- Expect Respect
- HYPE
- Huckleberry Youth Programs
- Hip Hop for Change
- Mo’Magic
- San Francisco Suicide Prevention
- San Francisco Women Against Rape (SFWAR)
- Teenage Pregnancy and Parenting Program

Comparison of Student Demographics in School and Wellness Program Population



Wellness Team Members

Wellness Coordinator
Briana Visser

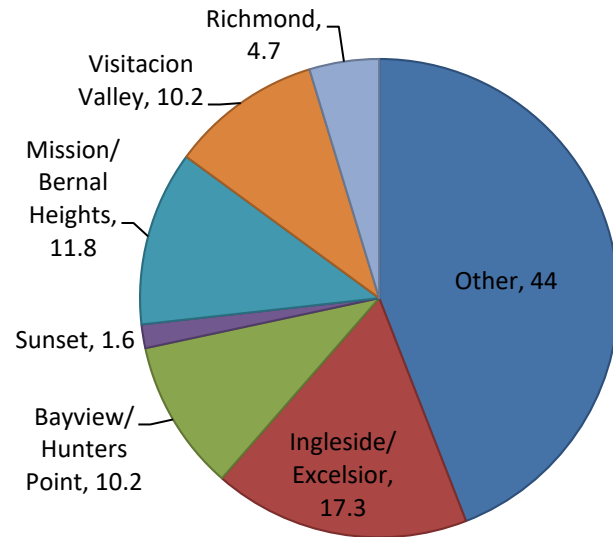
Community Health Outreach Worker
Sha'Nice Patterson

School District Nurse
Kim Walker

Behavioral Health Therapist
Mira Feess (RAMS)
Tupi Worku (RAMS)

SFUSD Interns
Andrew Peasley (Foster Youth Services)

Top Six Neighborhoods of Students Served



Contact

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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2014-15 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.