

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

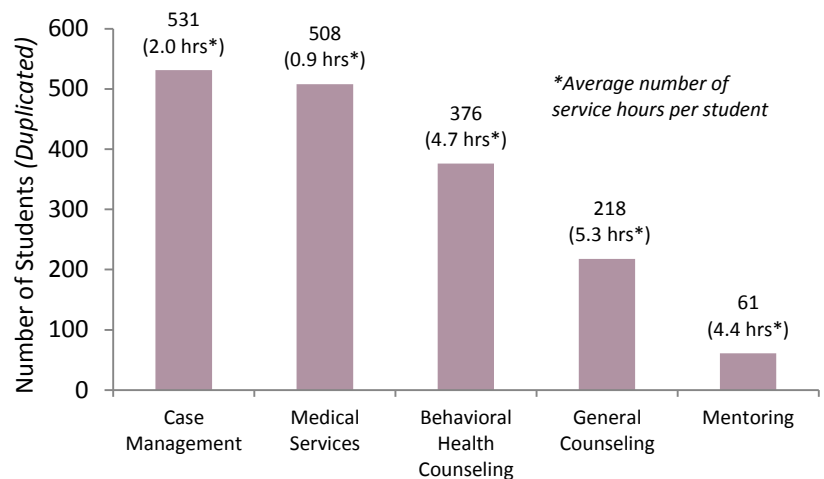
Total Number of Youth Served	928 (unduplicated) 46% of the student population (2,001 in 2014-15)
Total Number of Service Hours	5,505 hours (an average of 5.9 hours per student)
Student Drop-Ins	80 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 14,454 student contacts .

Outreach & Education Highlights

Wellness provided 80 health promotion activities reaching 131,081 students (duplicated), including:

- Bike and Roll to School Day
- Health & Fitness Fair
- AIDS Memorial Quilt Presentations
- Day of Silence
- UCSF Health Innovators Retreat
- Same Love Day
- Parent Resource Nights and Grief & Loss Parent Workshop
- Classroom Presentations on Tobacco
- Staff Professional Development on Mindfulness, Grief & Loss, and Self-Care

Top Five Types of Services by number of students served



"I love the Wellness Center and feel so grateful that we have such a fine crew at Wash to help students navigate the world they live in."

- Staff Member, Washington High School

Student Support Groups

Wellness organized 9 groups and clubs reaching 160 students, including:

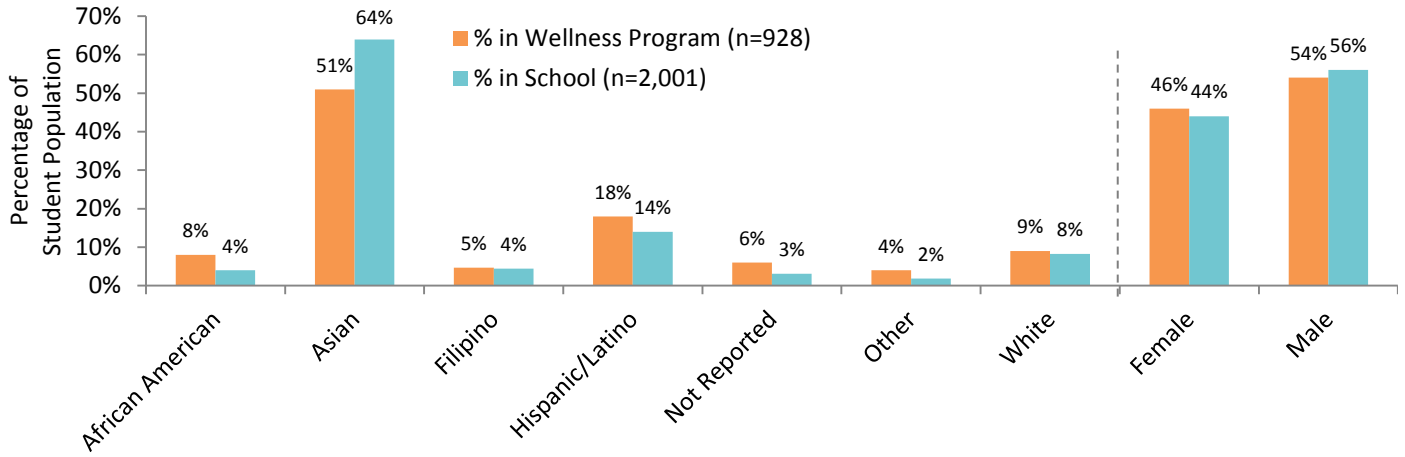
- African-American Leadership Group
- API Youth Empowerment Group
- Man Up Athletes Group
- Newcomer Club
- Photo & Social Skills Group
- Grief and Loss Group
- Samoan Youth Group
- Washington Positive Group
- Youth Outreach Worker Program

Community Partners

Wellness collaborated with 13 universities and community-based organizations, including:

- African-American Leadership Club
- BREATHE CA
- Community Youth Center
- Huckleberry Wellness Academy
- Richmond Village Beacon
- Samoan Community Development Center
- UCSF National Center of Excellence in Women's Health
- UCSF Dental & Medical School
- USF School of Nursing
- Vietnamese Youth Development Center
- Youth Leadership Institute

Comparison of Student Demographics in School and Wellness Program Population



Wellness Team Members

Wellness Coordinators

Lynnea Hughes & Veronica Garcia

Community Health Outreach Worker

Steve Youn

School District Nurse

Lynda Boyer-Chu

Behavioral Health Therapists

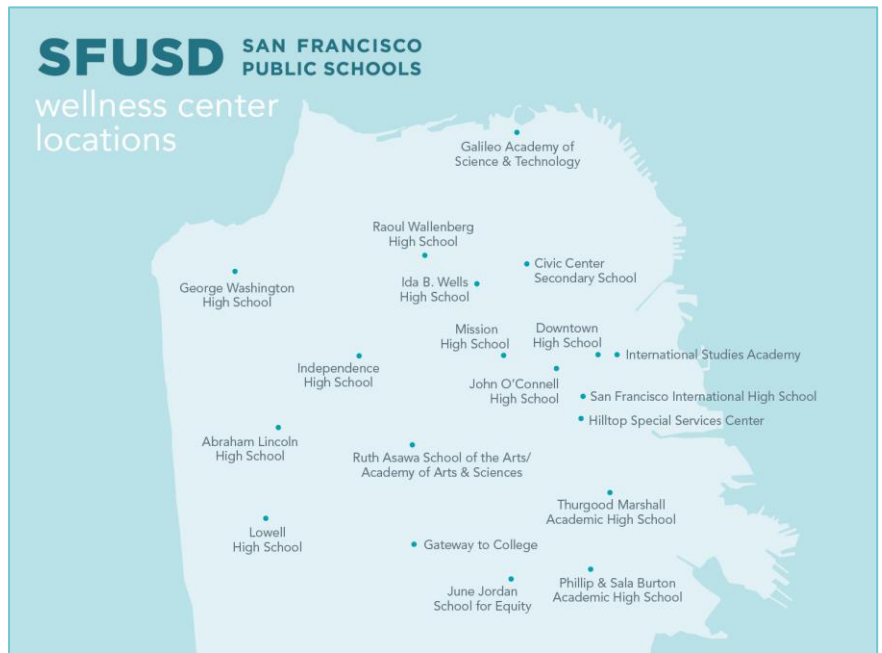
Rebecca Peng (RAMS)

Interns and Volunteers

Hilary See, Cheri Tsai (RAMS)

Emily Schwartz, Brad Akin (SIT)

Ashley Wood (Foster Youth Services)



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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2014-15 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.