

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

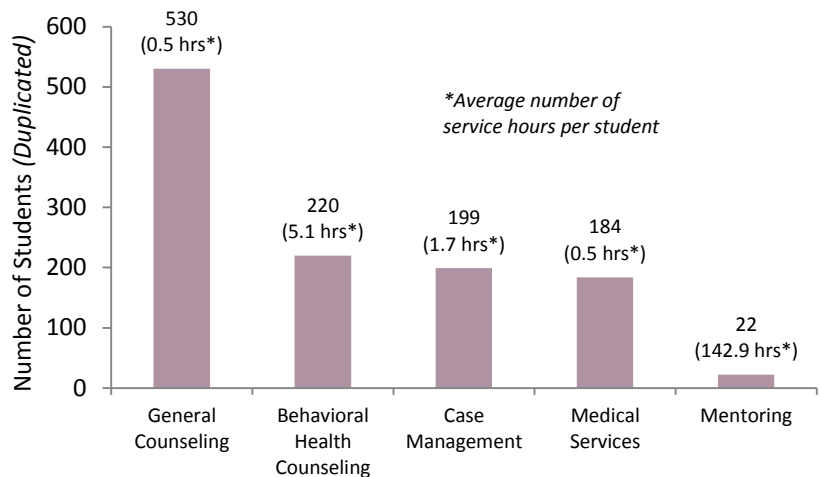
Total Number of Youth Served	820 (unduplicated) 30% of the student population (2,718 in 2013-14)
Total Number of Service Hours	6,035 hours (an average of 7.4 hours per student)
Student Drop-Ins	66 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 11,880 student contacts .

Outreach & Education Highlights

Wellness provided 50 health promotion activities reaching 10,863 students (duplicated), including:

- Pink Tsunami
- Wellness Open Houses for Freshmen
- Love Fest 2015
- Stress-Free Fair
- Food & Fitness Fair
- Latino Parent Orientations
- La Raza Assembly
- Kick Butts Day
- Staff Professional Development and Parent Workshop on Alcohol & Marijuana's Impact on Brain

Top Five Types of Services by number of students served



“The Wellness Center staff members are extremely competent, professional and trustworthy. They really ‘get’ our kids.”

“The Wellness Center is visible, effective and non-threatening.”

- Staff Members, Lowell High School

Student Support Groups

Wellness organized 5 groups and clubs reaching 42 students, including:

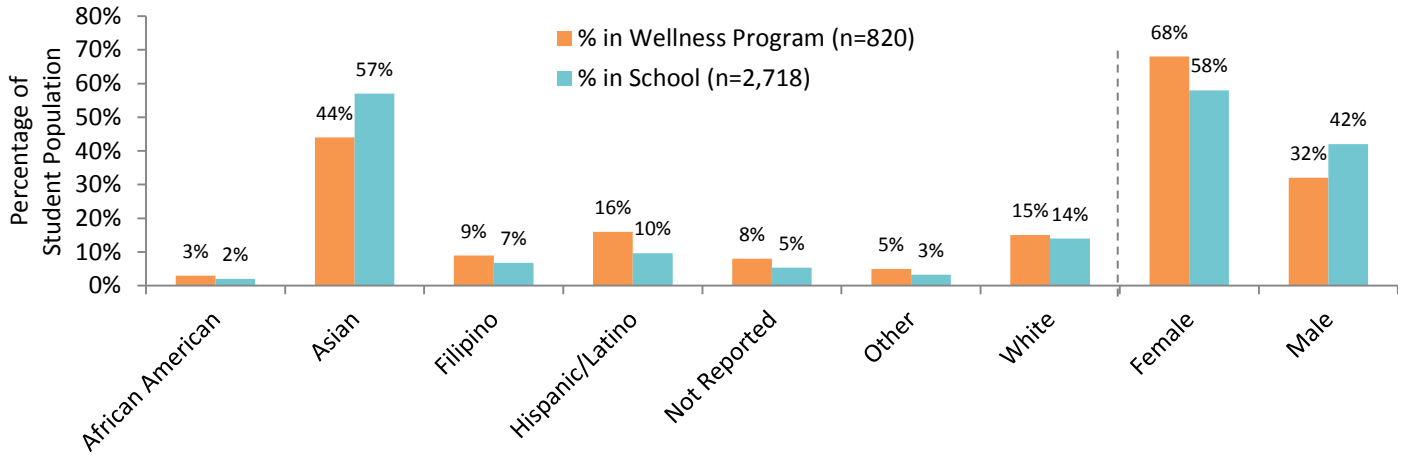
- Anger Management Group
- Mentoring Groups
- Spoken Word
- Student Liaisons
- Youth Outreach Worker Program

Community Partners

Wellness collaborated with 5 community-based organizations, including:

- Community Youth Center
- La Casa de las Madres
- Ohlhoff Recovery Programs
- Potrero Hill Neighborhood House
- PREP San Francisco

Comparison of Student Demographics in School and Wellness Program Population



Wellness Team Members

Wellness Coordinator

Joanne Ruby

(Carol Chao-Herring on maternity leave)

Community Health Outreach Worker

Xavier Salazar

School District Nurse

Maryann Rainey

Behavioral Health Therapists

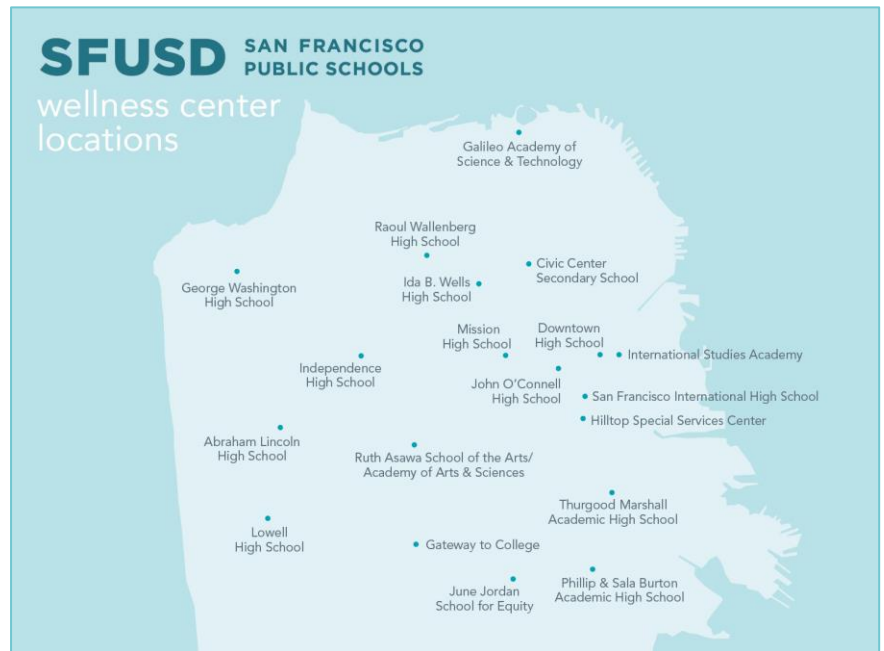
Kin Leung & Amber Luis (RAMS)

Interns and Volunteers

Cecilia Walken (RAMS)

Saskia Ison, Peter Van Auken &

Colin Hunt (SIT)



Contact

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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2014-15 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.