

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

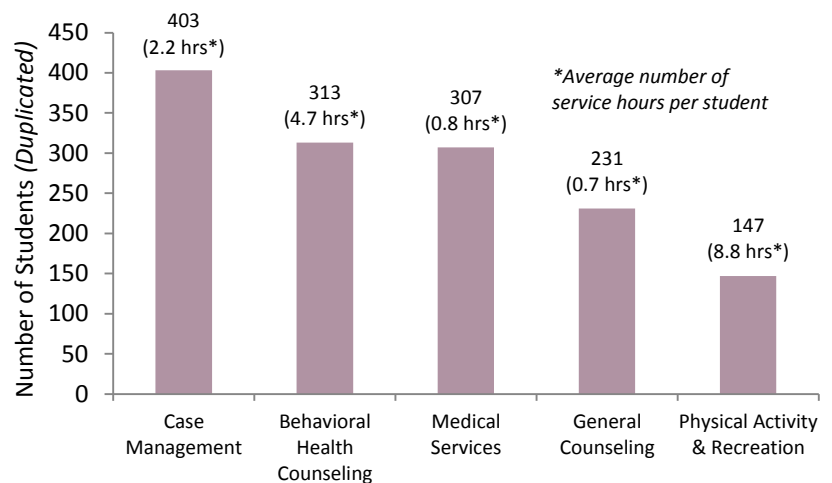
Total Number of Youth Served	804 (unduplicated) 40% of the student population (2,027 in 2014-15)
Total Number of Service Hours	13,183 hours (an average of 16.4 hours per student)
Student Drop-Ins	66 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 11,880 student contacts .

Outreach & Education Highlights

Wellness provided 91 health promotion activities reaching 11,136 students (duplicated), including:

- Stress Fest Health Fair
- Relationship Violence Health Fair
- Pink Tsunami
- SpringFest
- Health Idol 2015
- Trans Talks
- Great American Smoke Out & Kick Butts Day
- Random Acts of Kindness Week
- Classroom Presentations on Sexual Aggression; Stress Management; Tobacco; Let's Talk about Sex; and the LGBT Experience
- Mindful Mondays Staff Workshops

Top Five Types of Services by number of students served



"The Wellness Center has caring and committed staff who have our students' best interest at heart."

- Staff Member, Lincoln High School

Student Support Groups

Wellness organized 10 groups and clubs reaching 398 students, including:

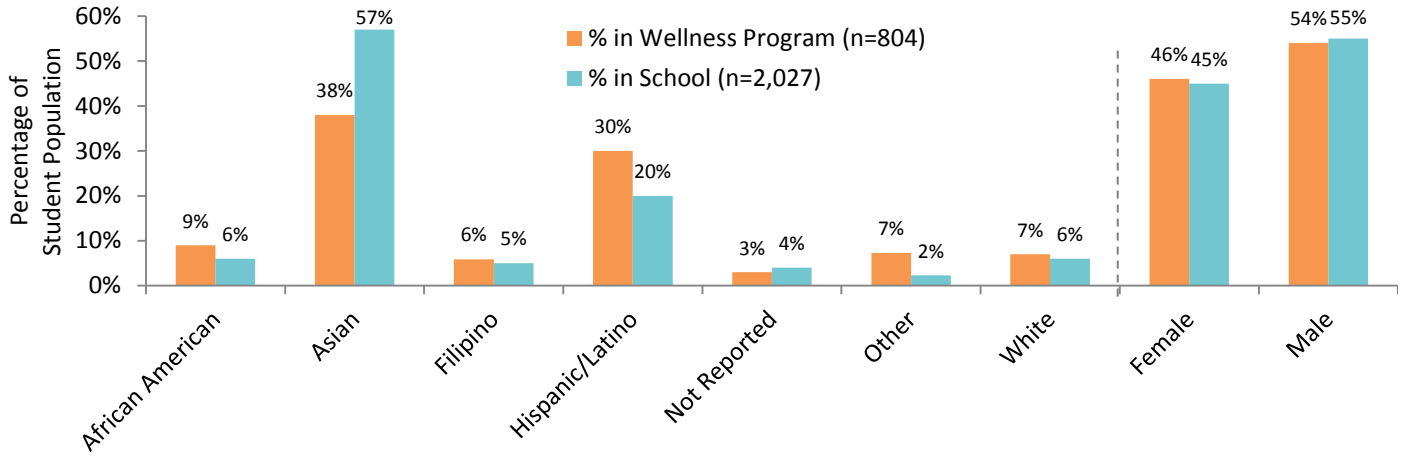
- Football Boys Groups
- Hip Hop Performance Club
- Lincoln Mustangs Funny Actors Organization (LMFAO)
- Mindfulness Group
- Newcomer Club for Cantonese-speaking students
- Rising Stars (theater appreciation program)
- Samoan Community Lunchtime Support Group
- Semillas (support group for unaccompanied minors)
- Youth Outreach Workers Program

Community Partners

Wellness collaborated with 7 community-based organizations, including:

- Community Youth Center
- Edgewood Center for Children and Families
- Instituto Familiar de la Raza
- La Casa de las Madres
- Oakes Children's Center
- Ohlhoff Recovery Programs
- Samoan Community Development Center

Comparison of Student Demographics in School and Wellness Program Population



Wellness Team Members

Wellness Coordinators

Crystal Owyang, Jen Kenny-Baum & Kristen Edmonston

Community Health Outreach Worker

Ian Enriquez

School District Nurse

Stuart Dick

Behavioral Health Therapists

Sheening Lin & Jennifer Boyd (RAMS)

Interns

**Solina Nerenberg (RAMS)
Roger Kuhn (SIT)**



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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2014-15 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.