

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

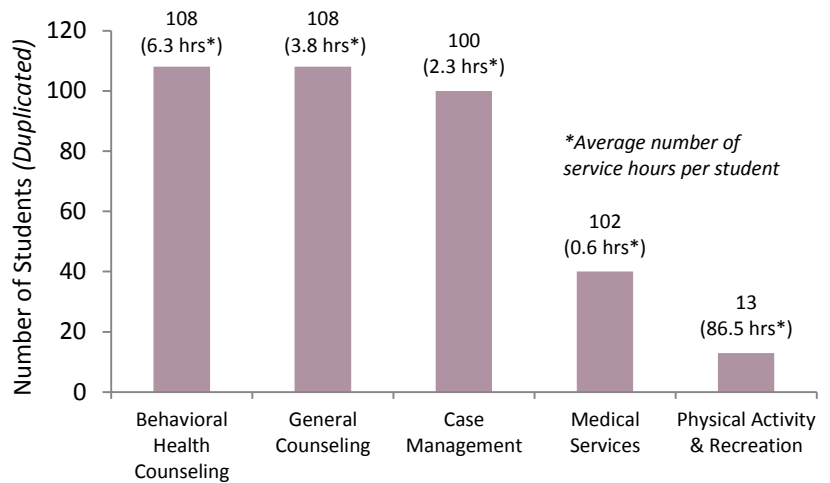
Total Number of Youth Served	193 (unduplicated) 74% of the student population (262 in 2014-15)
Total Number of Service Hours	2,619 hours (an average of 13.6 hours per student)
Student Drop-Ins	38 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 6,804 student contacts .

Outreach & Education Highlights

Wellness provided 53 health promotion activities reaching 3,686 students (duplicated), including:

- 5 Steps of Remixing Manhood Assembly
- Two Spirit Weeks
- Gratitude Day
- Wellness Week featuring 30 workshops and activities on topics including Trauma Recovery; Healthy Relationships; Mental Health; Positive Sexuality; Desire & Decision-Making; Youth Incarceration; Gender Stereotypes; and Black Lives Matter
- Summer Resource Fair
- Staff Professional Development on Gender Norms

Top Five Types of Services by number of students served



“Our Wellness Center is an integral part of who we are and who we are able to be as a community.”

“I couldn’t teach at this school if we didn’t have a Wellness Center. It is so critical for the success of our students experiencing the most trauma.”

- Staff Members, June Jordan School for Equity

Student Support Groups

Wellness organized 7 groups and clubs reaching 50 students, including:

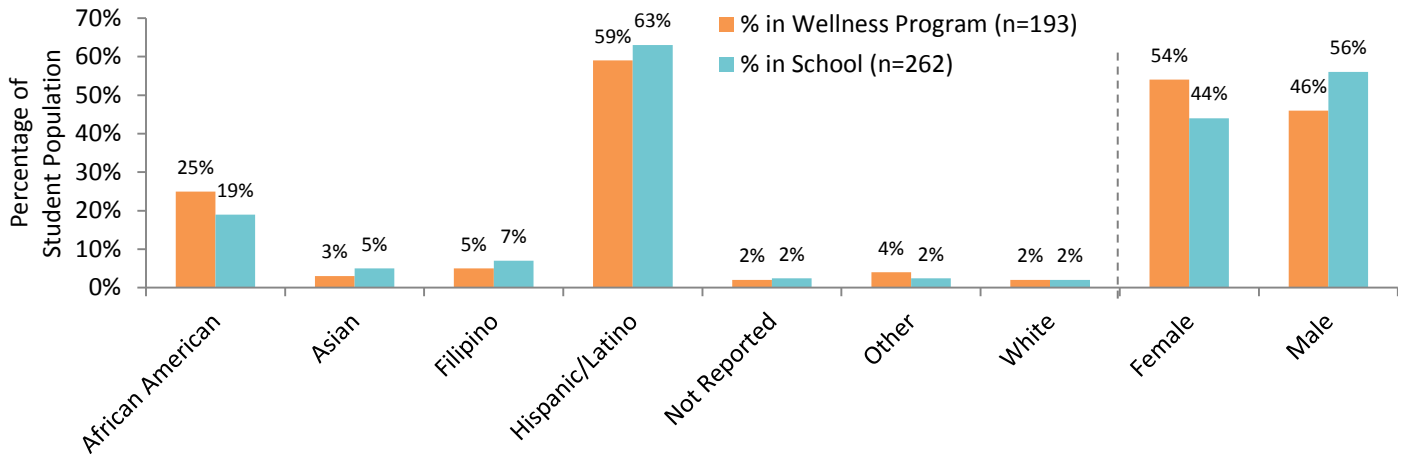
- Young Women's Health Group
- Art Therapy Group
- Basketball Class
- HOMEY Group
- Trauma, Grief, and Loss Groups
- Youth Outreach Workers Program

Community Partners

Wellness collaborated with 3 community-based organizations, including:

- 3rd Street Youth Clinic
- HOMEY (Homies Organizing the Mission to Empower Youth)
- San Francisco Education Fund

Comparison of Student Demographics in School and Wellness Program Population



Wellness Team Members

Wellness Coordinator

Erin Hughes

Community Health Outreach Worker

Dorian Glover

School District Nurse

Catherine Jordan

Behavioral Health Staff

Maria Martinez (Therapist, RAMS)

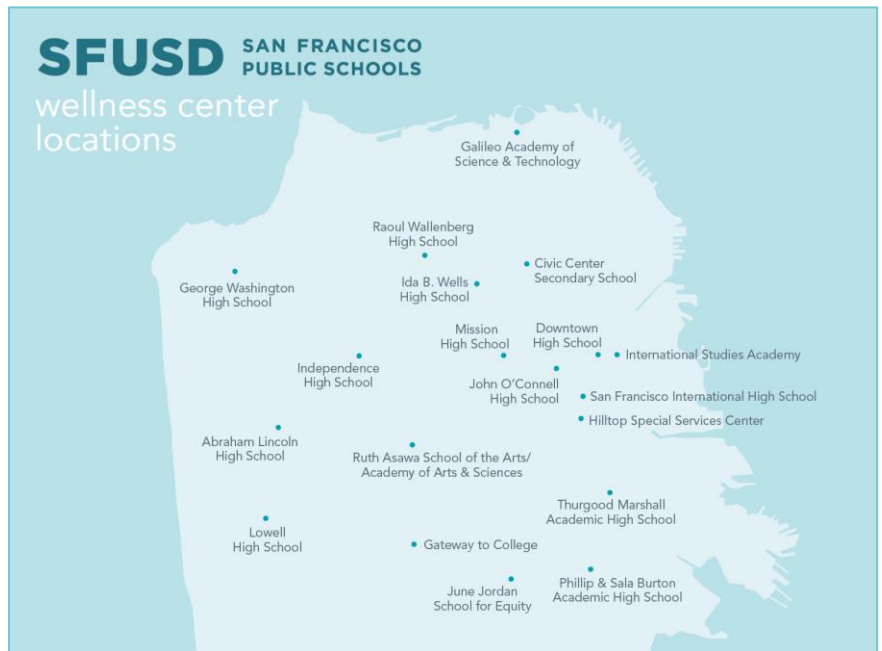
Mia Gutfreund (Clinical Case Manager, RAMS)

Interns & Volunteers

Sean Whiteman (RAMS)

Lauren Hendrick (SIT)

Adrienne Roberts (SF Ed Fund Volunteer)



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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2014-15 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.