

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

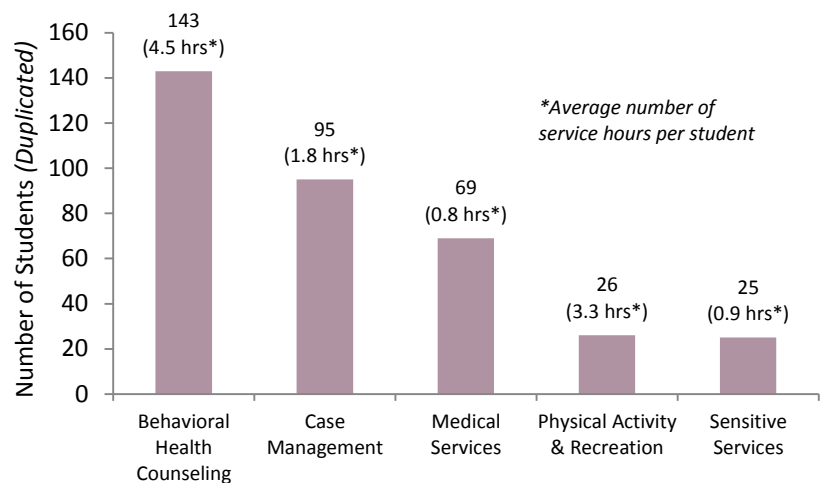
Total Number of Youth Served	181 (unduplicated) 111%* of the student population (163 in 2014-15)
Total Number of Service Hours	1,268 hours (an average of 7.0 hours per student)
Student Drop-Ins	50 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 8,928 student contacts .

Outreach & Education Highlights

Wellness provided 130 health promotion activities reaching 2,069 students (duplicated), including:

- Breakfast Club
- Outspoken Theater Performance
- Summer Resources Health Fair
- Introduction to Ethnic Studies Classes
- Classroom Presentations on Choices & Outcomes; Stress Cycle & Triggers; Healthy Sexuality; De-Stigmatizing Mental Illness; Marijuana & the Teen Brain; Anti-Oppression; Internet Bullying & Harassment; Community Violence; and Power, Privilege & Ally-ship
- Teen Triple P Parent Education Workshops in Spanish (9 sessions)

Top Five Types of Services by number of students served



“Wellness impacted me so much that I go there every day to help out or to get help myself.”
- Ida B. Wells Student

Student Support Groups

Wellness organized 9 groups and clubs reaching 89 students, including:

- Asian Empowerment Group
- Black Student Union
- Gay Straight Alliance (GSA)
- Girls' Group
- Latin@ Film Group
- Latino Empowerment Group
- RAICES Young Women's Empowerment Group
- Real Talk
- Young Men's Health Group

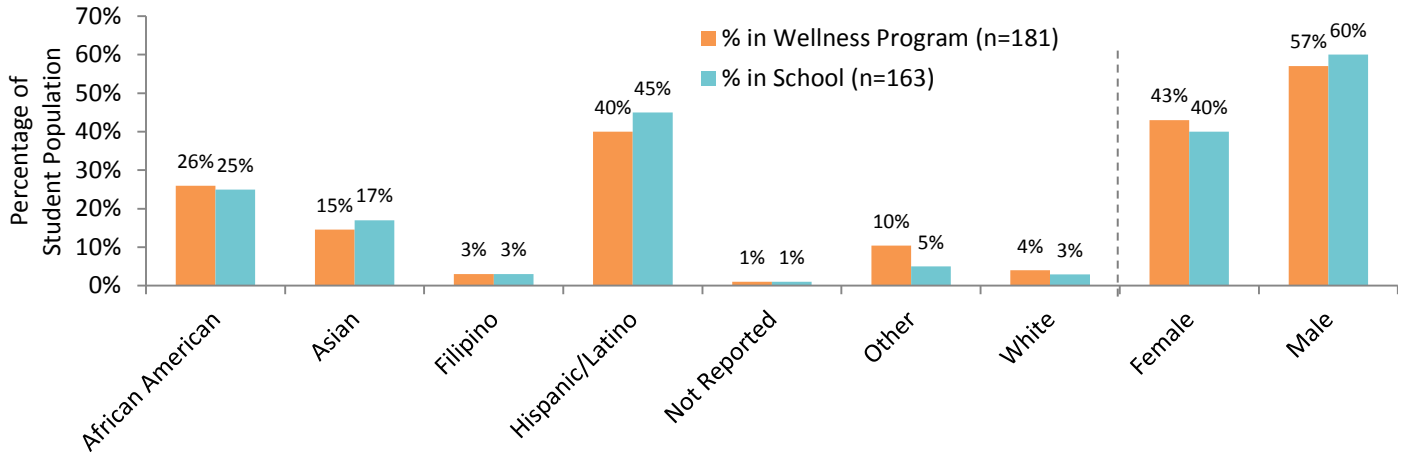
**Students can be placed at Ida B. Wells throughout the school year, thus the number of students can increase as the year progresses. However, student enrollment figures are based on data from October 2014.*

Community Partners

Wellness collaborated with 9 community-based organizations, including:

- 100% College Prep
- Boys & Girls Club
- Catholic Charities
- Community Youth Center
- Mission Girls
- San Francisco Education Fund
- San Francisco-Marin Food Bank
- San Francisco Street Violence Intervention Program
- Veritable Vegetable
- Western Addition Family Resource Center

Comparison of Student Demographics in School and Wellness Program Population



Wellness Team Members

Wellness Coordinator
Marielle Ferreboeuf

Community Health Outreach Worker
Cesar Dominguez

School District Nurse
David Alfaro

Behavioral Health Therapists
Sarah Shiner (RAMS)

Interns
Kristine Werthwein & Matthew Ivy (SIT)



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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2014-15 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.