

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

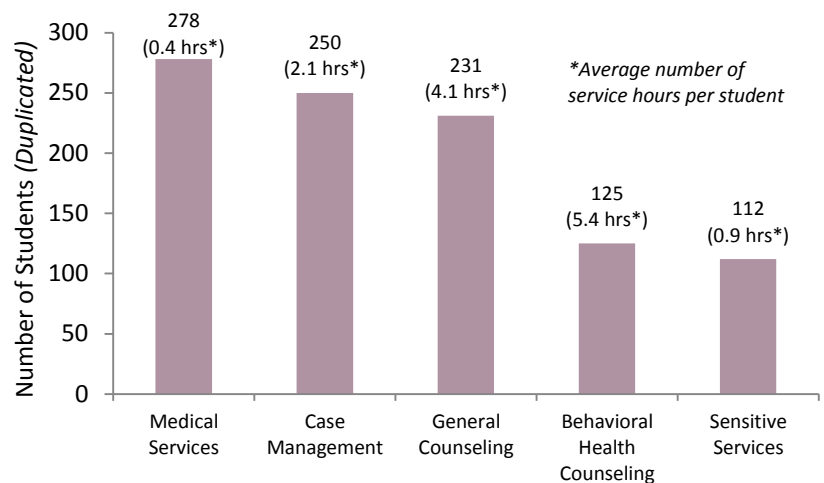
Total Number of Youth Served	573 (unduplicated) 55% of the student population (1,046 in 2014-15)
Total Number of Service Hours	2,727 hours (an average of 4.8 hours per student)
Student Drop-Ins	46 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 8,190 student contacts .

Outreach & Education Highlights

Wellness provided 47 health promotion activities reaching 4,553 students (duplicated), including:

- Wellness Health Fair
- Day of Silence
- Kick Butts Day
- LGBTQ Pride Photo Booth
- Sailing and Ropes Course Fields Trips
- *Outspoken* play about stereotypes
- Classroom Presentations on Health Communication; Marijuana, Drugs & Alcohol; Healthy Body Image; Stress Management; and Violence and Trauma
- Staff Professional Development on Foster Youth Services and E-Cigarettes

Top Five Types of Services by number of students served



“Everyone in our Wellness Center is there to help kids. They bring in so many resources for our students.”

- Staff Member, Burton High School

Student Support Groups

Wellness organized 17 groups and clubs reaching 164 students, including:

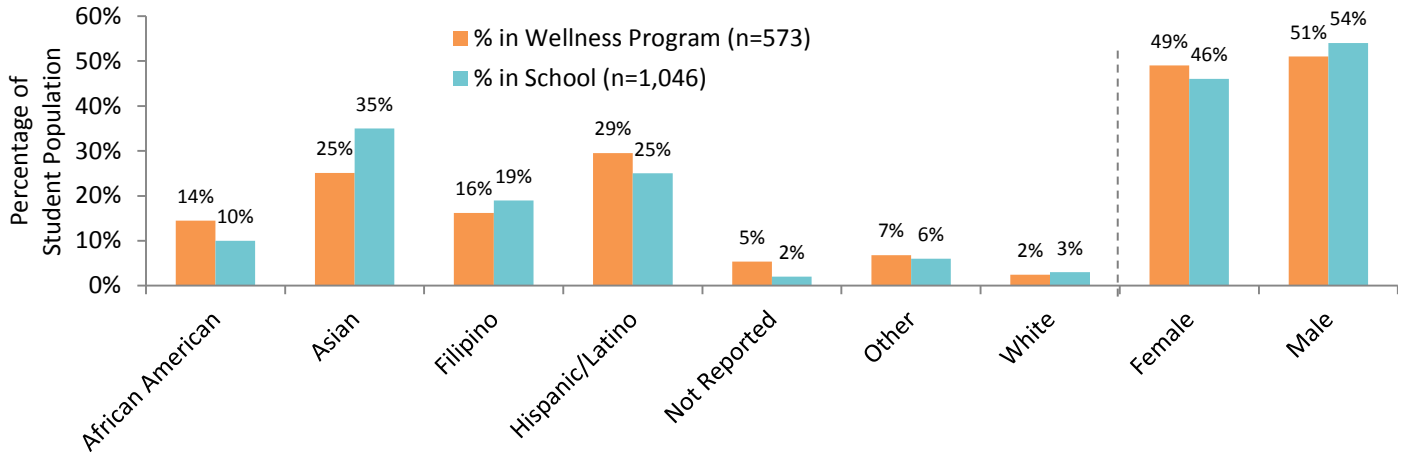
- HOMEY Latino peer support group
- African American Boys Groups
- Project Arrive Boys & Girls Groups providing school support and mentorship to 9th graders
- Trauma, Grief, and Loss Support Group for Girls
- Young Men’s Health Group
- Q-Group for LGBTQ identified students
- Substance Use Prevention Group
- CYC Newcomer and Youth Empowerment Support Groups for API Youth
- Filipino Youth Empowerment Group
- Youth Outreach Workers Program

Community Partners

Wellness collaborated with 14 community-based agencies, including:

- 100% College Prep
- 3rd Street Youth Clinic
- Bayview Hunters Point Foundation
- Community Youth Center
- Health Initiatives for Youth
- HOMEY
- Horizons Unlimited
- Mission Girls
- OHLHOFF Recover Services
- San Francisco Women Against Rape (SFWAR)
- Southeast Child/Family Therapy Center
- Vietnamese Youth Development Center

Comparison of Student Demographics in School and Wellness Program Population



Wellness Team Members

Wellness Coordinator
Katrina Southard

Community Health Outreach Worker
Wade King-Gallman

School District Nurse
Lorna Kwok

Behavioral Health Therapists
Reina Turner (RAMS)

Interns
Faauga Moliga-Puletasi & Lan Vu (SIT)
Selena Cravett (FYS)



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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2014-15 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.