

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

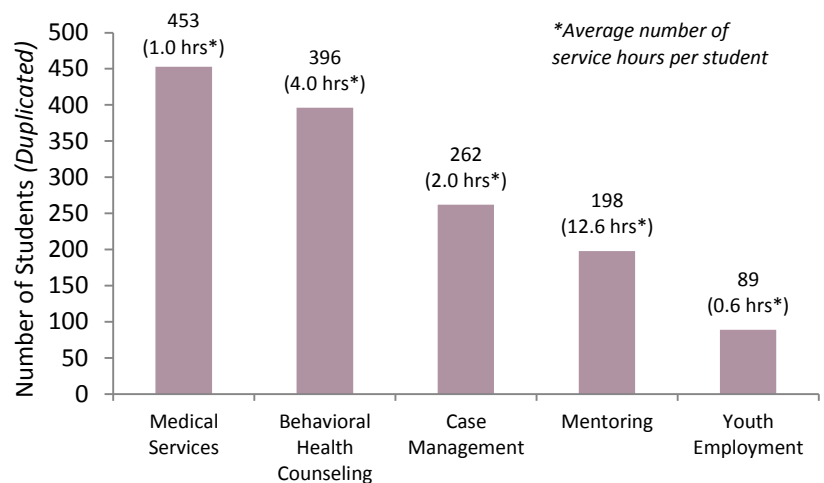
Total Number of Youth Served	897 (unduplicated) 45% of the student population (1,998 in 2013-14)
Total Number of Service Hours	5,725 hours (an average of 6.4 hours per student)
Student Drop-Ins	123 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 22,122 student contacts .

Outreach & Education Highlights

Wellness provided 65 health promotion activities reaching 20,605 students (duplicated), including:

- Green Peace Smoothies for Violence Prevention Month
- Drugs and Health Insurance Assembly
- Bike to School Week
- AIDS Memorial Quilt Presentation
- Healthy Breakfast Tastings
- Body Image Event
- Healthy Relationships V Day Event
- Classroom Presentations on Marijuana and Sexual Health
- Staff Professional Development on Community Violence and Meditation

Top Five Types of Services by number of students served



“Wellness staff really do care. They do their very best to help me deal with my constant stress.”
- Washington Student

Student Support Groups

Wellness organized 17 groups and clubs reaching 241 students, including:

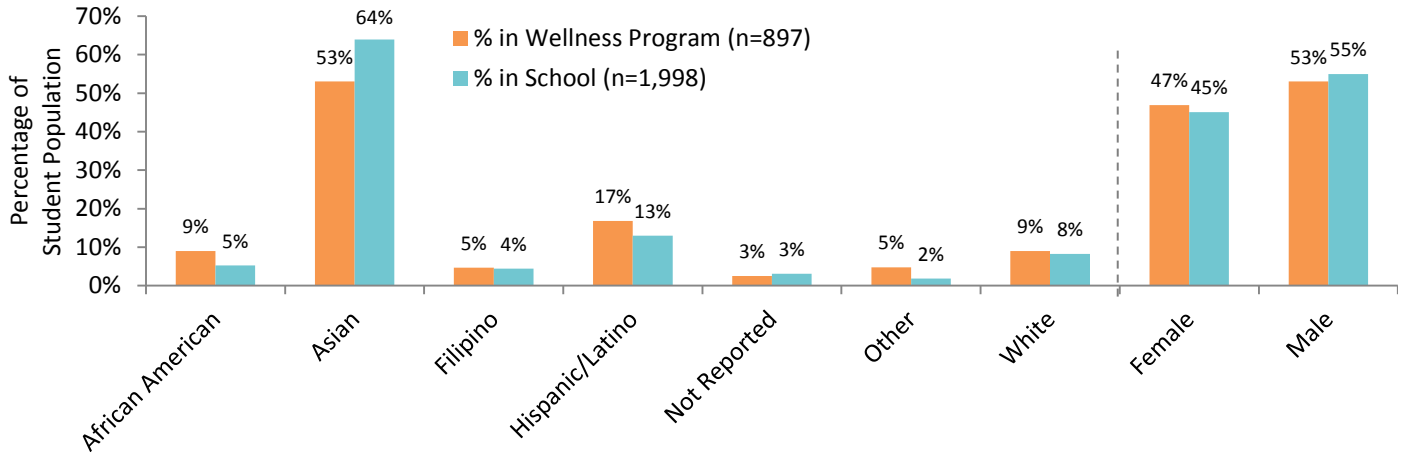
- Bully Me Not Club
- Young Men’s Social Skills Group
- Asian American Group
- Newcomer Club
- PHIRE (peer educators promoting health insurance)
- Grief and Loss Group
- Special Education Young Women’s Sexual Health Group
- “One Life” Group
- Marijuana Harm Reduction Group
- Healthy Relationships Group
- Youth Outreach Worker Program

Community Partners

Wellness collaborated with 14 community-based organizations, including:

- 3rd Street Youth Clinic
- Richmond Village Beacon
- Community Youth Center
- Huckleberry Wellness Academy
- PHIRE / Covered California
- Transitions Hearing & Speech
- UCSF National Center of Excellence in Women’s Health
- Vietnamese Youth Development Center
- Westside Community Services
- Youth Leadership Institute

Comparison of Student Demographics in School and Wellness Program Population



Wellness Team Members

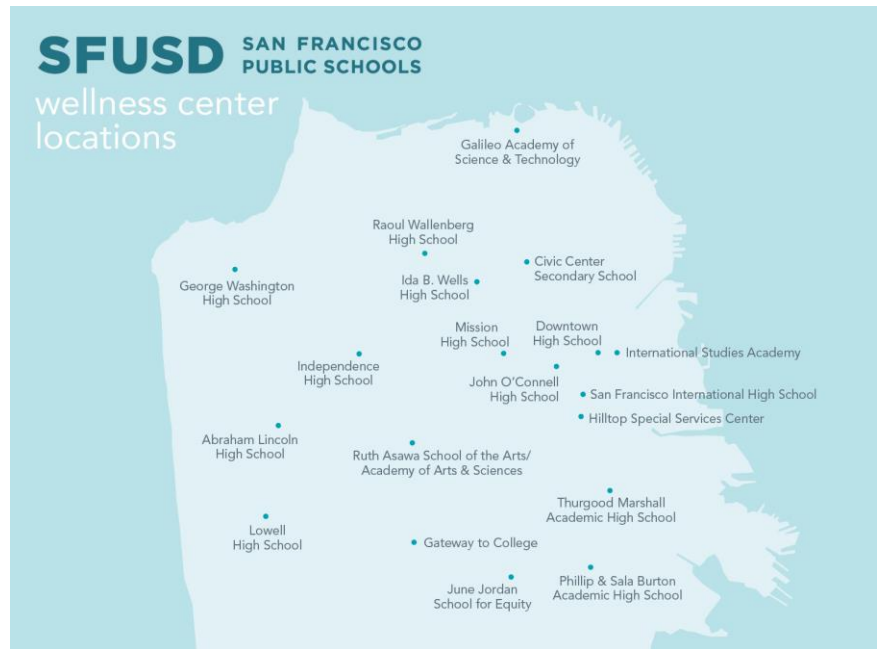
Wellness Coordinator
Lynnea Hughes

Community Health Outreach Worker
Steve Youn

School District Nurse
Lynda Boyer-Chu

Behavioral Health Therapists
Rebecca Peng (RAMS)

Interns and Volunteers
Eric Adelman, Cheri Tsai (RAMS)
Tara Pratt, Brad Akin, Kelly Bassin (SIT)
Sing Quan (FYS), Samita Singh (CYC)
Gary Ting, Hazel Wan, Jaye Yang (Ed Fund)



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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2013-14 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.