

## Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

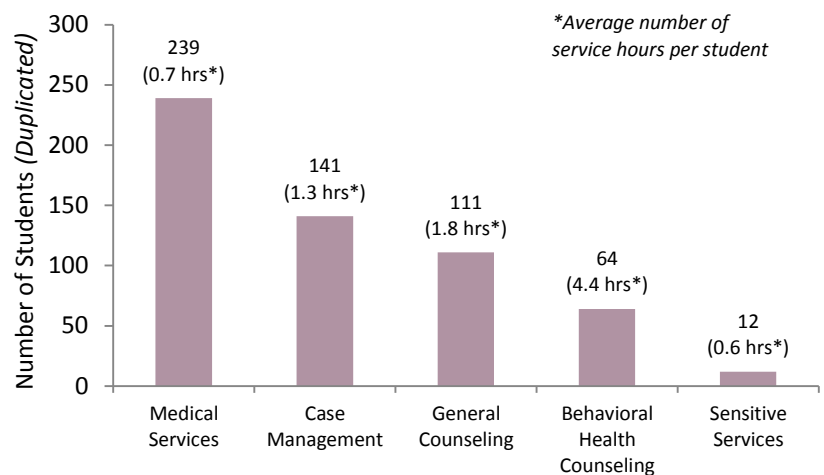
<b>Total Number of Youth Served</b>	<b>334 (unduplicated)</b> 54% of the student population (619 in 2013-14)
<b>Total Number of Service Hours</b>	999 hours (an average of 3.0 hours per student)
<b>Student Drop-Ins</b>	<b>24 students†</b> visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals <b>4,392 student contacts</b> .†

### Outreach & Education Highlights†

Wellness provided 85 health promotion activities† reaching 4,172 students† (duplicated), including:

- Expect Respect: Healthy Relationships Presentations
- Restorative Circles
- HIV Education with AIDS Memorial Quilt Panel
- Wellness Orientations for new students
- Classroom Presentations on Birth Control; Consent & Confidentiality; Eating Disorders & Body Image; Marijuana; and Transgender Awareness
- Staff Professional Development on Restorative Practices

### Top Five Types of Services by number of students served



*“The Wellness Program has given me someone to talk to who I can trust, who is unbiased, and who has the knowledge and resources to help me help myself.”*

- SOTA Student

### Student Support Groups

Wellness organized 2 groups and clubs reaching 11 students, including:

- Girls Empowerment Group
- Youth Outreach Workers Program

### Community Partners

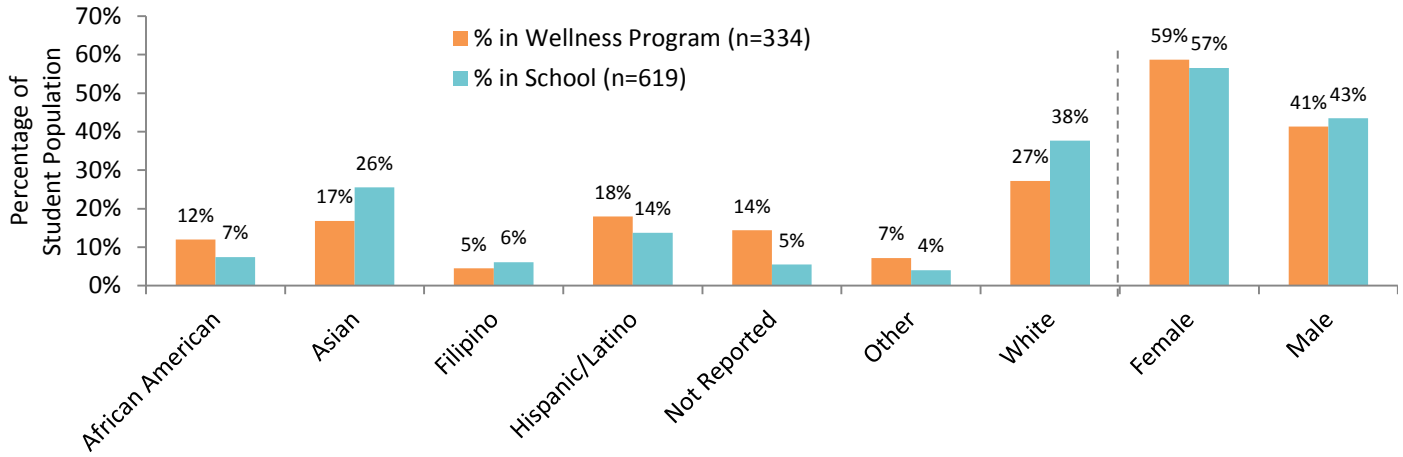
Wellness collaborated with 1 community-based organization:

- Ohlhoff Recovery Programs



†These numbers combine statistics from both Ruth Asawa School of the Arts and the Academy of Arts & Sciences and represent both schools.

## Comparison of Student Demographics in School and Wellness Program Population



## Wellness Team Members

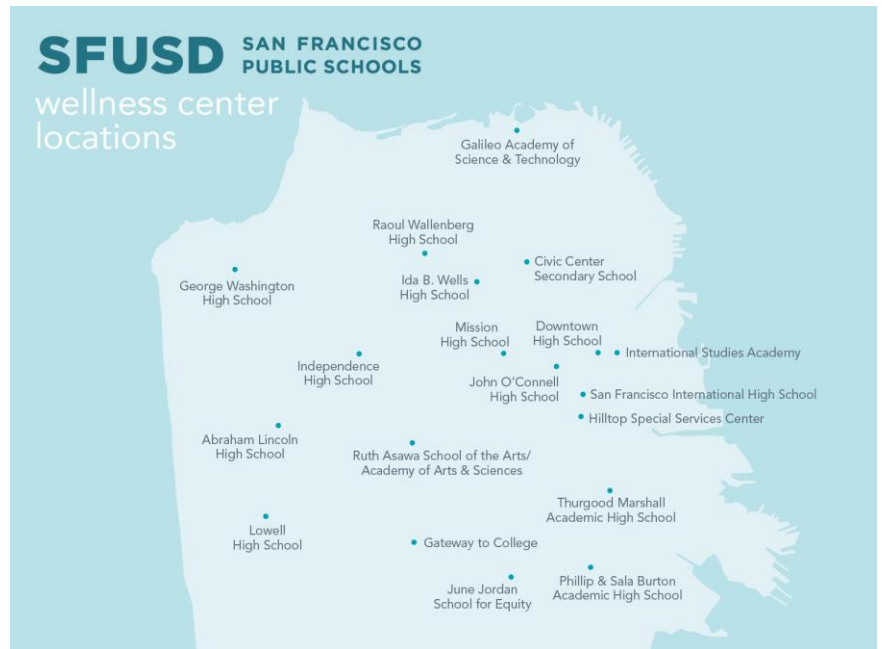
**Wellness Coordinator**  
**Robert Francoeur**

**Community Health Outreach Worker**  
**Cynthia Cevallos**

**School District Nurse**  
**Genevieve Evenhouse**

**Behavioral Health Therapist**  
**Mario Tobo (RAMS)**

**Interns**  
**Jacqueline Hull (RAMS)**  
**Christopher Corey (SIT)**  
**Darcy Alder (FYS)**



## Contact

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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2013-14 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

*Partnering to support student health and well-being.*