

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

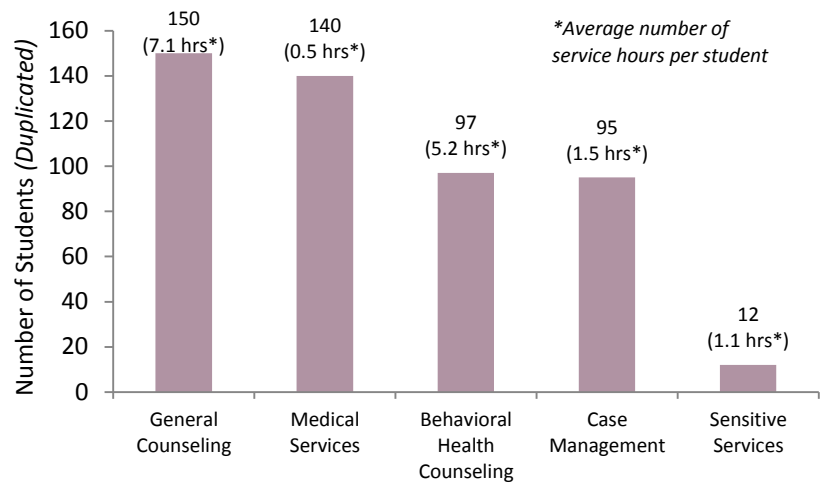
Total Number of Youth Served	290 (unduplicated) 79% of the student population (369 in 2013-14)
Total Number of Service Hours	1,804 hours (an average of 6.2 hours per student)
Student Drop-Ins	53 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 9,468 student contacts.

Outreach & Education Highlights

Wellness provided 32 health promotion activities reaching 2,324 students (duplicated), including:

- Wellness Orientations for new students
- Day of Silence
- Legal Services Clinic
- SF Bar Association's LGBT Youth Event
- Peace Art Gallery
- Wellness Health Fair
- American Red Cross Blood Drive
- Condom Demonstration
- Smoothie-Making for Nutrition Awareness
- Classroom Presentations on Flu; Kick Butts Day; and Family Day/Community Fair

Top Five Types of Services by number of students served



"The Wellness staff helped me emotionally. I feel supported."

- SF International Student

"Students feel it is a safe space for them. Wellness has worked hard to make sure that it is being responsive to classroom and academic needs."

- SF International Staff Member

Student Support Groups

Wellness organized 10 groups and clubs reaching 98 students, including:

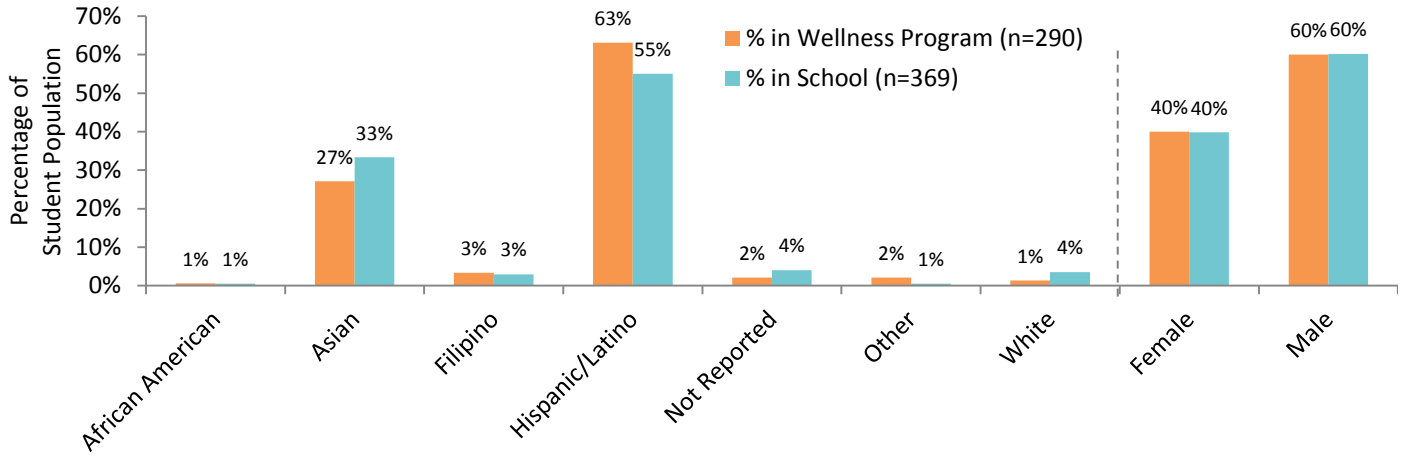
- English Conversation Group
- Newcomer Support Group
- Therapeutic Group
- Latinas Unidas Group for Latina Girls
- La Casa Sexual Harassment Group
- Mission Girls Raices
- Grief, Loss, and Trauma Support Group for Boys
- Healthy Relationships Group
- Youth Outreach Worker Program

Community Partners

Wellness collaborated with 4 community-based organizations, including:

- Community Youth Center
- Instituto Familiar de la Raza
- La Casa de las Madres
- Legal Services for Children

Comparison of Student Demographics in School and Wellness Program Population



Wellness Team Members

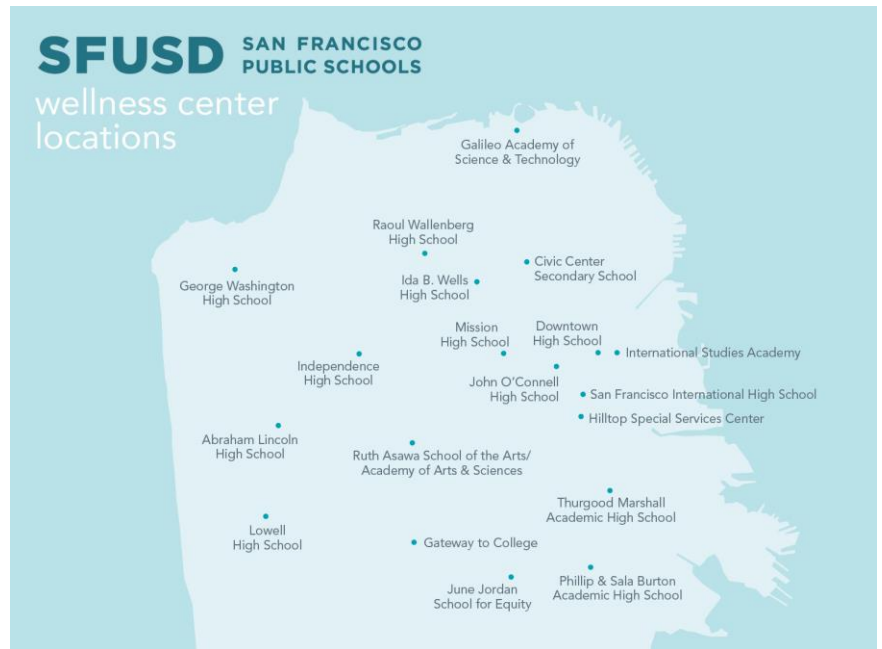
Wellness Coordinator
Denise Martell

Community Health Outreach Worker
Justin Zhu

School District Nurse
Michelle Gordon

Behavioral Health Therapist
Rebecca Peng (RAMS)

Intern
Emily Aviles (SIT)



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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2013-14 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.