

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

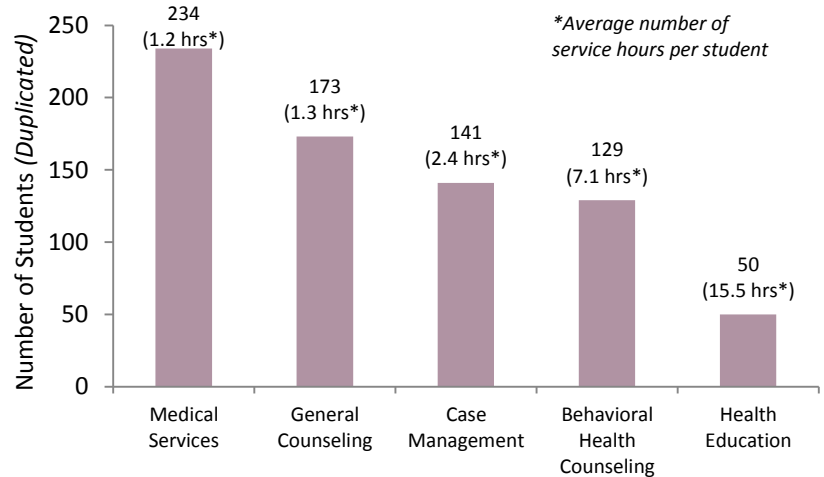
Total Number of Youth Served	361 (unduplicated) 79% of the student population (455 in 2013-14)
Total Number of Service Hours	3,013 hours (an average of 8.4 hours per student)

Outreach & Education Highlights

Wellness provided 59 health promotion activities reaching 2,324 students (duplicated), including:

- UndocuQueer: Immigration History and Stories of Resistance
- Positive Sexuality: Safer Sex and Decision Making Event
- Anti-Violence/ Peace Event
- Don't Hide Your Love Event
- Coming of Age: Youth Health and Wellness in the 21st Century
- GSA Conference & Field Trip
- Classroom Presentations on Tobacco Jeopardy; Allyship; Yoga; Fitness & Health; and Intersecting Identities

Top Five Types of Services by number of students served



"Wellness gave me a safe space where I can discuss my problems with someone outside my home."

- John O'Connell Student

"I don't know how other schools manage without Wellness. The staff are caring, consistent, and crucial for our student body."

- John O'Connell Staff Member

Student Support Groups

Wellness organized 10 groups and clubs reaching 83 students, including:

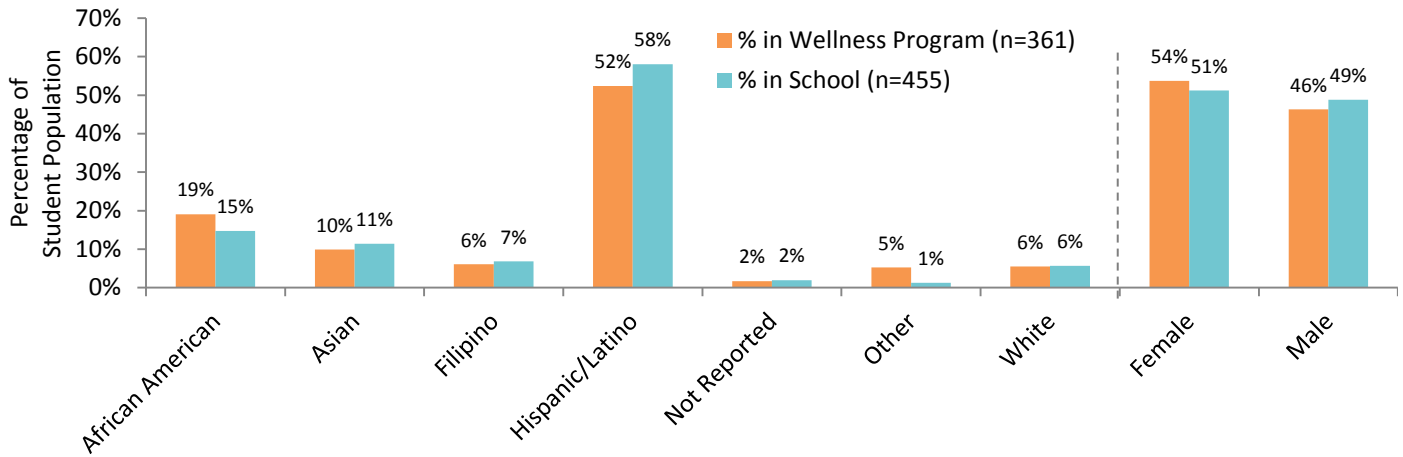
- Mixed Martial Arts Workout (in collaboration with Mission Recreation)
- 9th Grade Mentoring Group
- Asian Culture Club
- Book Lovers Club
- Gay Straight Alliance
- College Readiness Group
- Yoga Group
- Youth Outreach Worker Program

Community Partners

Wellness collaborated with 7 community-based organizations, including:

- CARECEN (Central American Resource Center)
- Horizons Unlimited
- La Casa de las Madres
- Mission SF Community Financial Center
- Mission Girls
- Moxie Yoga
- Ohlhoff Recovery Programs

Comparison of Student Demographics in School and Wellness Program Population



Wellness Team Members

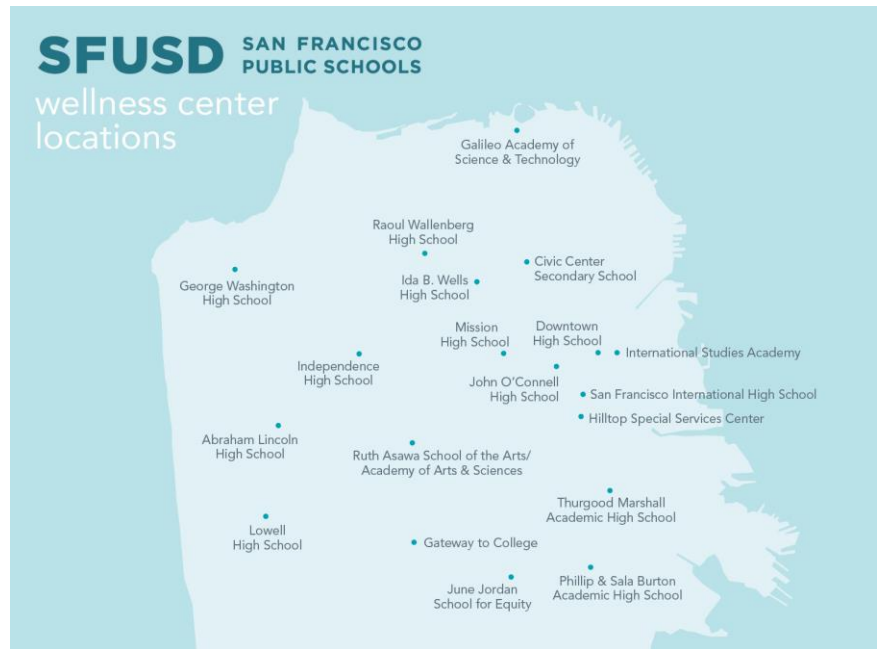
Wellness Coordinator
Christine Lee Hardiman

Community Health Outreach Worker
Vanessa Fontana

School District Nurse
Audrey Stout

Behavioral Health Therapists
Steve Taka, Danae Carvacho (RAMS)

Interns
Amy Buechler (RAMS)
Elena Ortiz (FYS)
Sonia Aldape (SIT)



Contact

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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2013-14 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.