

## Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

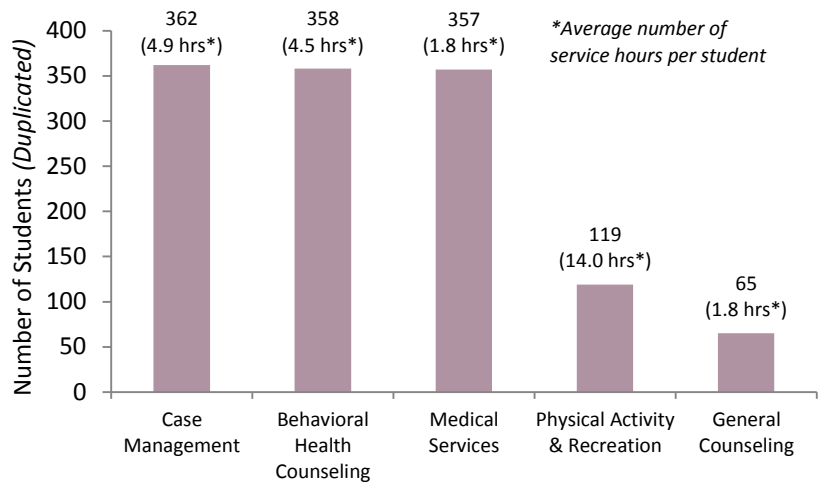
<b>Total Number of Youth Served</b>	<b>798 (unduplicated)</b> 41% of the student population (1,958 in 2013-14)
<b>Total Number of Service Hours</b>	<b>8,337 hours</b> (an average of 10.5 hours per student)
<b>Student Drop-Ins</b>	<b>62 students</b> visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals <b>11,160 student contacts</b> .

### Outreach & Education Highlights

Wellness provided 142 health promotion activities reaching 13,482 students (duplicated), including:

- Teens Tackle Tobacco Assembly featuring E-cigarette Improvization
- Pink Tsunami and Day of Silence
- SpringFest
- Health Idol 2014
- Classroom Presentations on Health Insurance; Stress; Sexual Health; and Social Media
- Staff Professional Development on Trauma and the Teen Brain; Mindfulness; and Life-Threatening Health Conditions

### Top Five Types of Services by number of students served



*"The Wellness Program calmed me down, helped me with my problems, and made me a happy person again."*

- Lincoln Student

### Student Support Groups

Wellness organized 15 groups and clubs reaching 341 students, including:

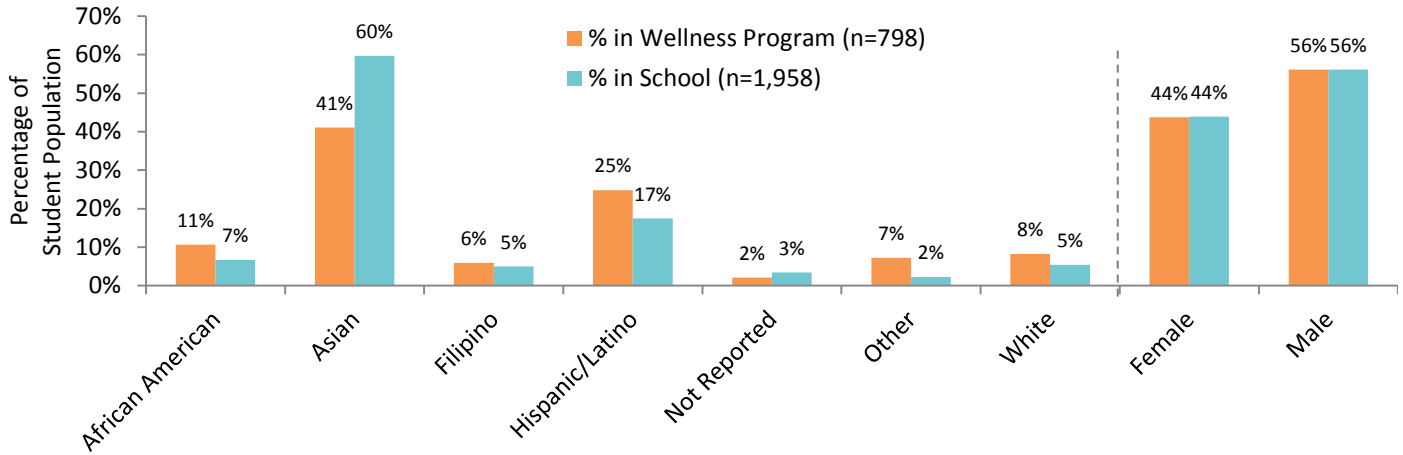
- 9<sup>th</sup> Grade Boys Transition Group
- Anger Management Group for Boys
- Circus Club
- Hip Hop Performance Club
- Mission Girls Group for Latina Girls
- Latino Boys' Support Group
- Newcomer Club for Cantonese-speaking students
- Lincoln Mustangs Funny Actors Organization (LMFAO)
- Samoan Community Lunchtime Support Group
- Youth Outreach Workers Program

### Community Partners

Wellness collaborated with 9 community-based organizations, including:

- Community Youth Center
- Edgewood Center for Children and Families
- HOMEY (Homies Organizing the Mission to Empower Youth)
- Huckleberry Youth Programs
- La Casa de las Madres
- Mission Girls
- Oakes Children's Center
- Ohlhoff Recovery Programs
- Samoan Community Development Center

## Comparison of Student Demographics in School and Wellness Program Population



## Wellness Team Members

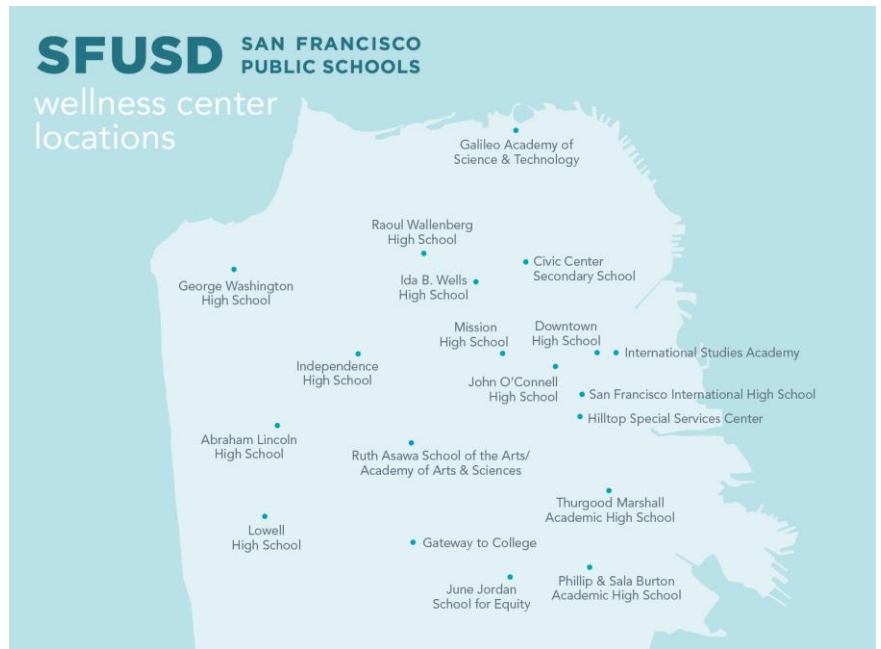
*Wellness Coordinator*  
**Jen Kenny-Baum**

*Community Health Outreach Worker*  
**Ian Enriquez**

*School District Nurse*  
**Stuart Dick**

*Behavioral Health Therapists*  
**Sheening Lim, Alison Ching, Michael Ceely (RAMS)**

*Interns*  
**Abigail Thompson (RAMS)**  
**Analuz Tapia (FYS), Crystal Owyang (SIT)**  
**Maggie Frankel (City College Health Outreach)**  
**Deborah Zhao (SF State Nursing)**



## Contact

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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2013-14 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

*Partnering to support student health and well-being.*