

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

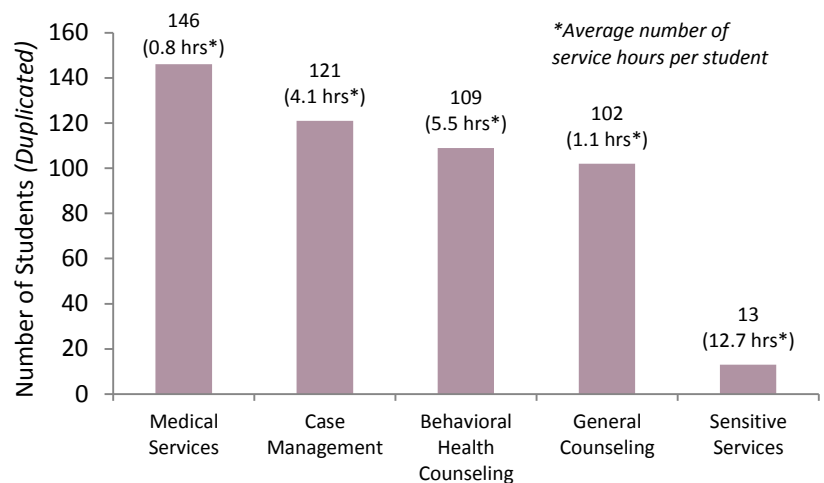
Total Number of Youth Served	201 (unduplicated) 81% of the student population (247 in 2013-14)
Total Number of Service Hours	2,194 hours (an average of 10.9 hours per student)
Student Drop-Ins	33 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 5,868 student contacts.

Outreach & Education Highlights

Wellness provided 50 health promotion activities reaching 2,962 students (duplicated), including:

- "To Write Love on Her Arms" Suicide Prevention Event
- Spirit Week and Gratitude Day
- Transformative Welcome Day
- Race Caucus
- Oral Poetry by Youth Speaks
- Assembly on Tobacco, Marijuana, & Substance Abuse
- Classroom Presentations on Sexual Health; Hygiene & Dental Care; and Love
- Staff Professional Development on Behavior De-Escalation

Top Five Types of Services by number of students served



"Wellness gave me more confidence and helped me to be a better person."

- June Jordan Student

"I feel very supported as a staff member and highly empowered to refer my students to the Wellness staff because of their high level of care, attention to detail, and professionalism."

- June Jordan Staff Member

Student Support Groups

Wellness organized 6 groups and clubs reaching 63 students, including:

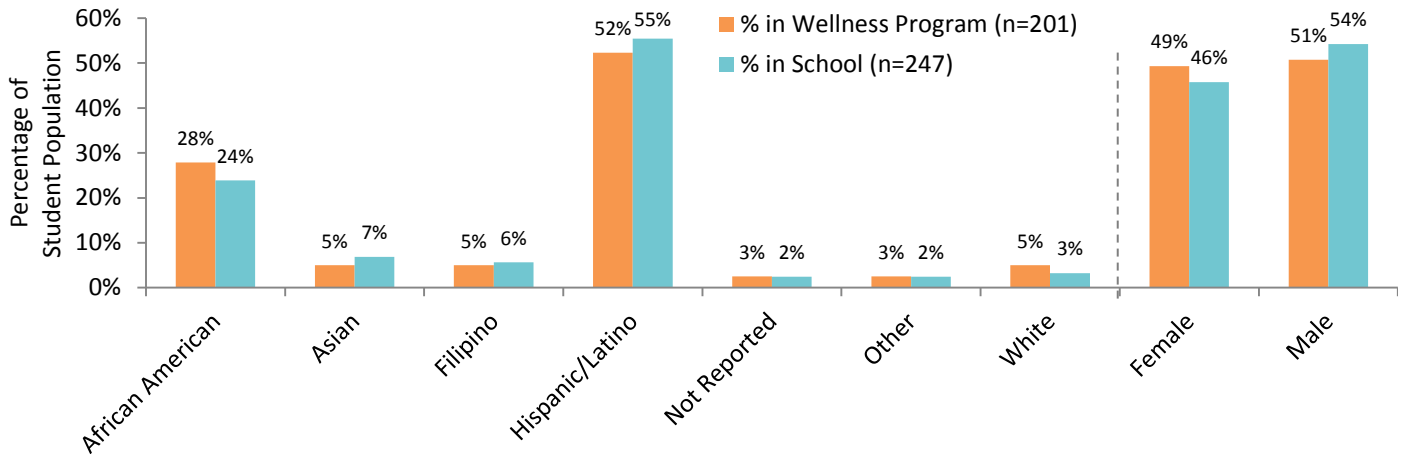
- 3rd Street Youth Clinic Young Women's Group
- Community Response Network Group
- HOMEY Boys Group
- HOMEY Young Women's Group
- Trauma, Grief, and Loss Group
- Youth Outreach Workers Program

Community Partners

Wellness collaborated with 3 community-based organizations, including:

- 3rd Street Youth Clinic
- San Francisco Street Violence Intervention Program
- HOMEY (Homies Organizing the Mission to Empower Youth)

Comparison of Student Demographics in School and Wellness Program Population



Wellness Team Members

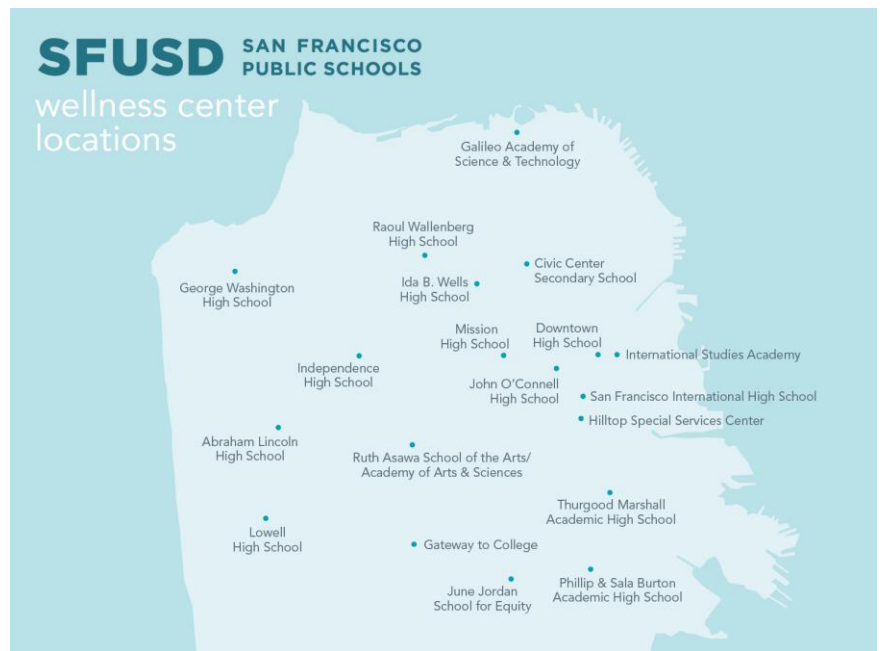
Wellness Coordinator
Erin Hughes

Community Health Outreach Worker
Dorian Glover

School District Nurse
Genevieve Evenhouse

Behavioral Health Therapists
Maria Martinez (RAMS)
Mia Gutfreund (RAMS)

Interns
Kisai Henriquez (SIT)
Lori Bloustein (SIT)



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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2013-14 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.