

## Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

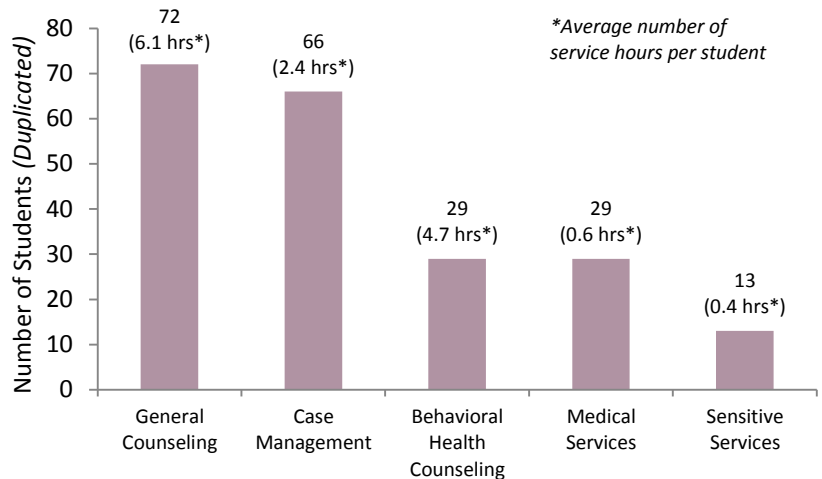
Total Number of Youth Served	111 (unduplicated) 49% of the student population (228 in 2013-14)
Total Number of Service Hours	759 hours (an average of 6.8 hours per student)
Student Drop-Ins	5 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 936 student contacts.

### Outreach & Education Highlights

Wellness provided 25 health promotion activities reaching 222 students (duplicated), including:

- Kick Butts Day
- Great American Smoke Out
- Wellness Talks Series
- Child Abuse Prevention Presentations
- Crisis Response Presentations
- Nutrition Presentations
- Puberty/Reproductive Health Presentations
- Toward No Drug Abuse Lessons

### Top Five Types of Services by number of students served



*“Wellness was my everything last year. When I was going through some tough times with my mom, I went to the Wellness Center every day and they helped me out a lot. I even met other students there who are now my ‘besties.’”*

- Independence Student

### Staff Professional Development

Wellness organized 9 staff professional development trainings, including:

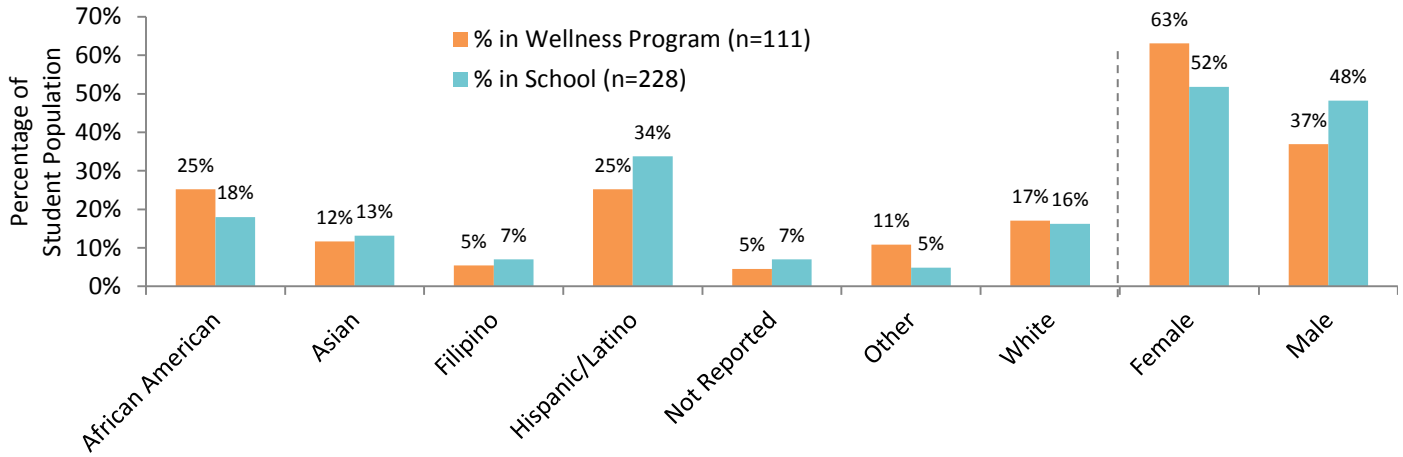
- Student Crisis Protocol
- Student Civil Rights at School
- What is Psychosis?
- Introduction to the New Sexual Education Curriculum
- Marijuana
- Emergency Procedures
- Health Education Alignment

### Community Partners

Wellness collaborated with two community-based organizations, including:

- Cole Street Youth Clinic
- Huckleberry House

## Comparison of Student Demographics in School and Wellness Program Population



## Wellness Team Members

*Wellness Coordinator*

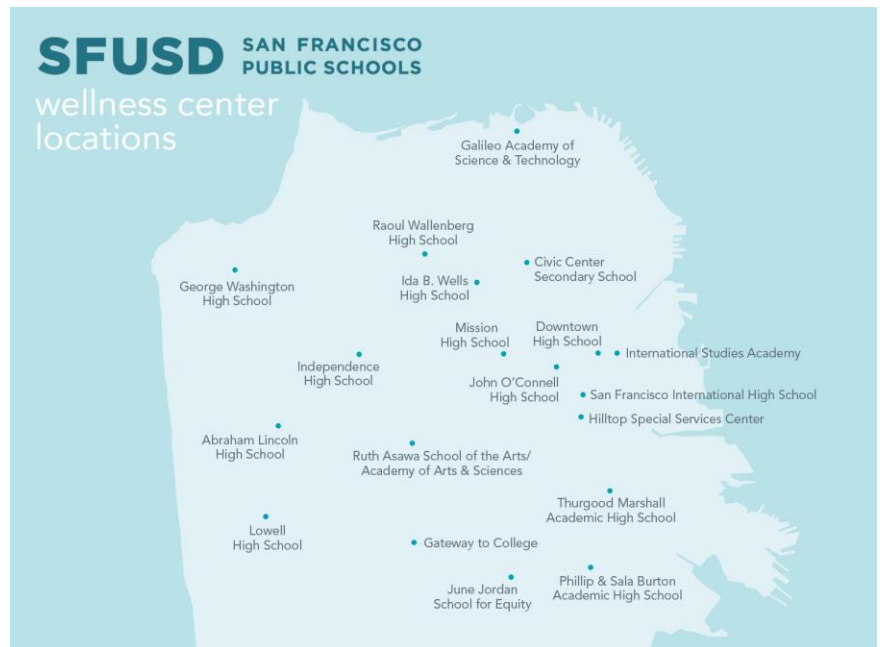
**Ann Collaço**

*School District Nurse*

**Michelle Gordon**

*Intern*

**Valerie Abitbol (SIT)**



## Contact

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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2013-14 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

*Partnering to support student health and well-being.*