

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

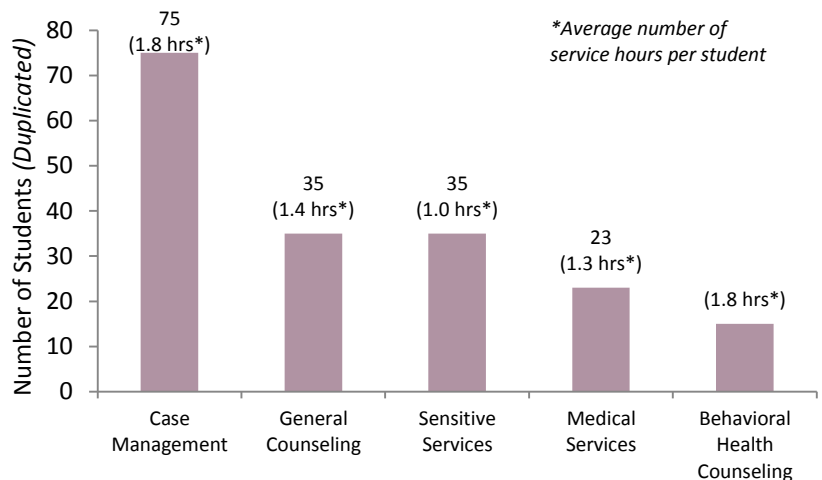
Total Number of Youth Served	78 (unduplicated) 130%* of the student population (60 in 2013-14)
Total Number of Service Hours	279 hours (an average of 3.6 hours per student)

Outreach & Education Highlights

Wellness provided 10 health promotion activities reaching 132 individuals (duplicated), including:

- Child Abuse Prevention Presentations
- Parent Education Presentations
- Positive School Climate/Youth Development Presentations

Top Five Types of Services by number of students served



“The Wellness staff are energetic, informed, caring, and communicative with students and staff.”

- Hilltop Staff Member

Student Support Groups

Wellness organized 5 groups and clubs reaching 36 students, including:

- Childbirth Class
- Web Prenatal
- Be Real, Be Ready Health Education
- Parenting Group (Spanish)

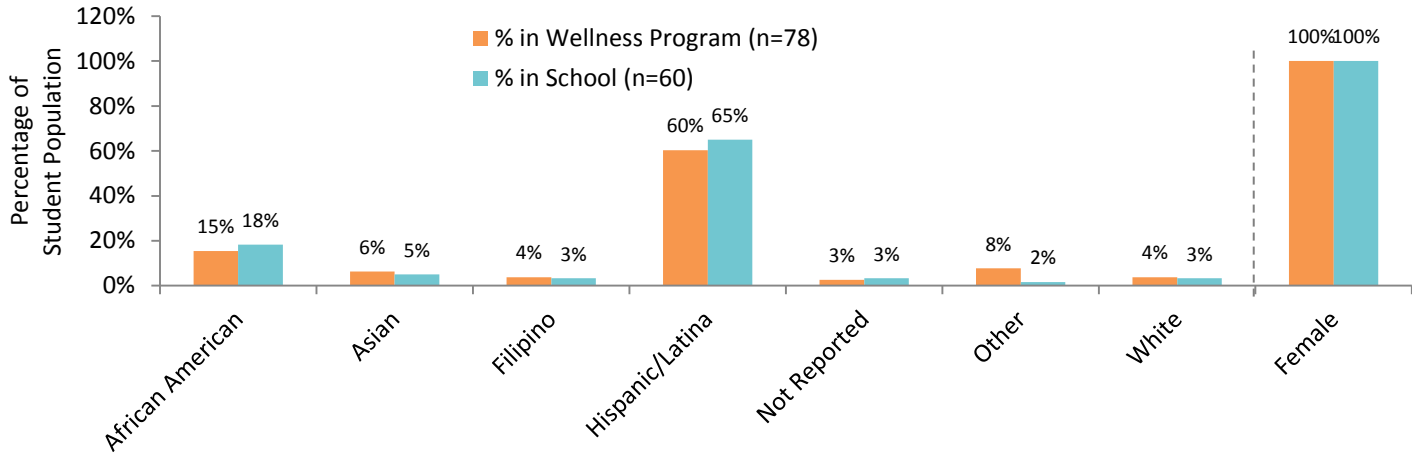
*Students can be placed at Hilltop throughout the school year, thus the number of students increases as the year progresses. However, student enrollment figures are based on data from October 2013.

Community Partners

Wellness collaborated with 19 community-based organizations, including:

- Asian CalWorks Teen Services
- Children’s Book Project
- Children’s Council
- Expect Respect
- Family Service Agency, Teenage Parent Program (TAPP)
- Full Circle Family (FSA)
- Good Samaritan
- Homeless Prenatal
- Horizons Unlimited
- Infant Parent Program, SF General Hospital
- Instituto Familiar de la Raza

Comparison of Student Demographics in School and Wellness Program Population



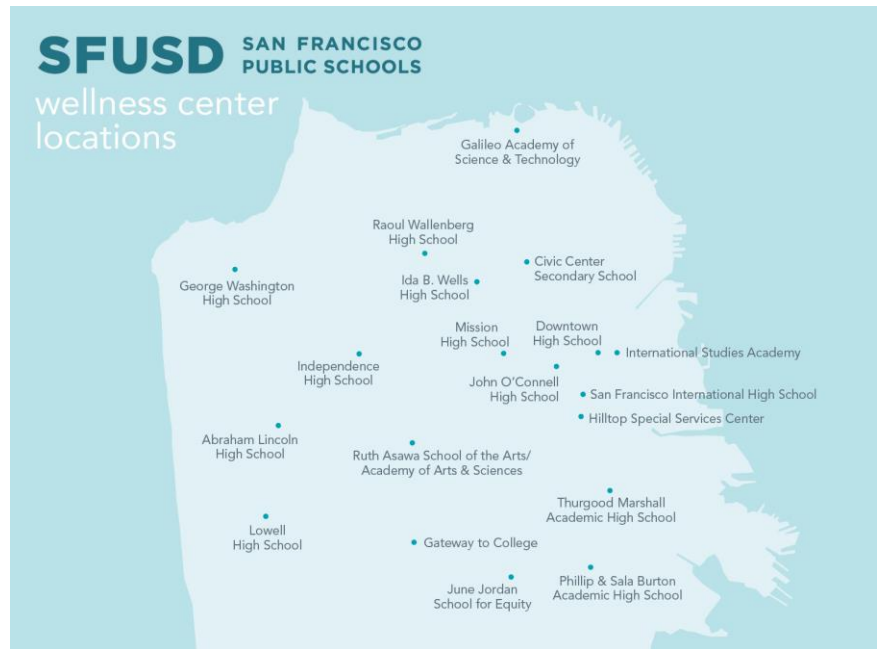
Wellness Team Members

Wellness Coordinator

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School District Nurse

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Contact

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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2013-14 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.