

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

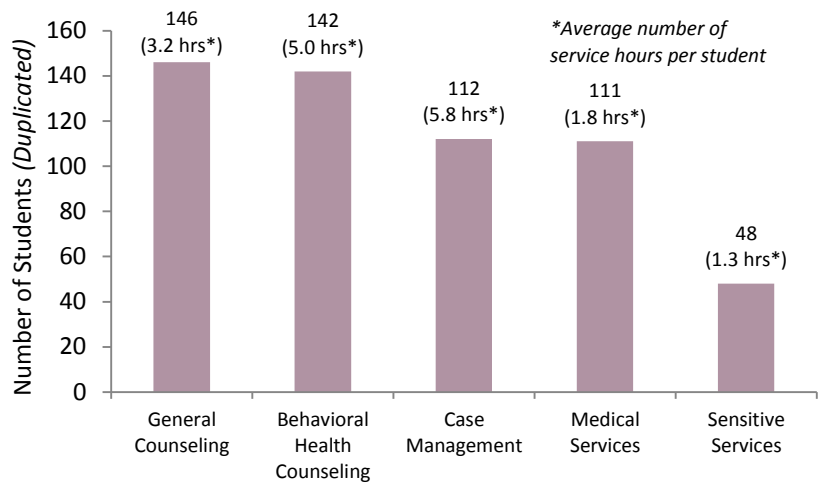
Total Number of Youth Served	335 (unduplicated) 33% of the student population (1,028 in 2013-14)
Total Number of Service Hours	2,221 hours (an average of 6.6 hours per student)
Student Drop-Ins	47 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 8,370 student contacts .

Outreach & Education Highlights

Wellness provided 40 health promotion activities reaching 4,320 students (duplicated), including:

- Smoke OUT! Tobacco Prevention Event
- Biking Safety Event
- Anti-Bullying Skits
- "Secrets" Play on HIV/AIDS/STI Prevention by Kaiser Educational Theatre
- Classroom Presentations on Dealing with Senior Stress; Healthy Communication and Relationships; STIs and Contraceptives; and Sexting
- Staff Professional Development on Suicide Prevention; Marijuana & the Brain; and Mindfulness-Based Stress Reduction

Top Five Types of Services by number of students served



"I heard Wellness was where I could go if I needed to talk to someone or if I didn't feel well. I felt like it was great to have that here. A lot of kids need it."

- Burton Student

Student Support Groups

Wellness organized 9 groups and clubs reaching 81 students, including:

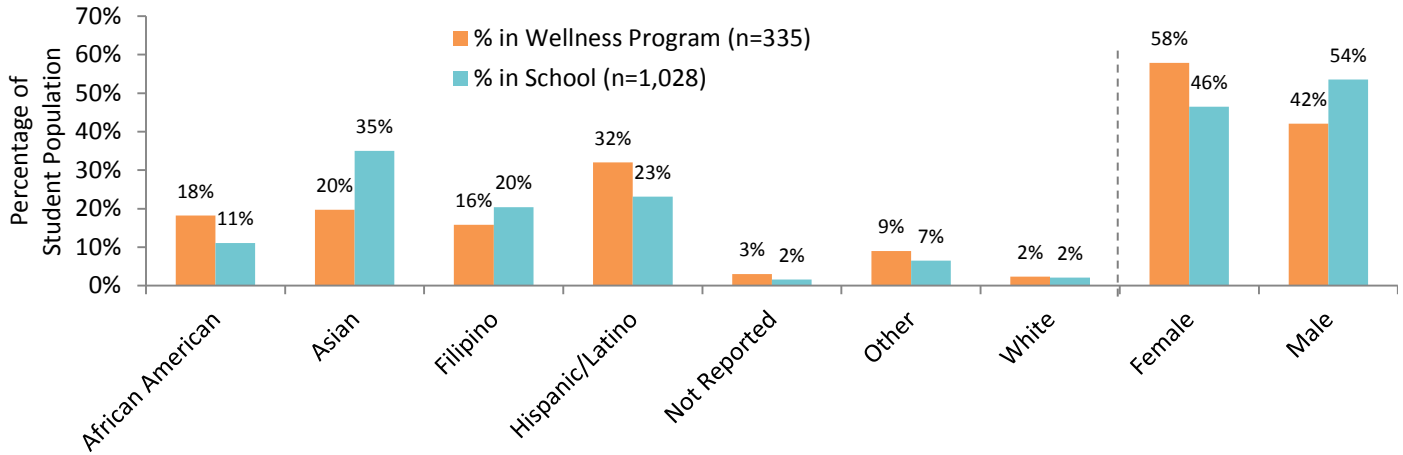
- Girls Group for young women of color to explore aspects of societal oppression and empowerment
- Project Arrive Boys & Girls Groups providing school support and mentorship to 9th graders
- Trauma, Grief, and Loss Support Group
- SFWAR Group promoting female empowerment and preventing sexual assault
- College Prep Group for African American boys
- Filipino Student Empowerment Group
- Youth Outreach Workers Program

Community Partners

Wellness collaborated with 9 community-based agencies, including:

- 3rd Street Youth Clinic
- Bayview Hunters Point Foundation
- Community Youth Center
- Filipino Community Center
- La Casa de las Madres
- San Francisco Department of Public Health
- San Francisco Women Against Rape
- Ohlhoff Recovery Programs
- Vietnamese Youth Development Center

Comparison of Student Demographics in School and Wellness Program Population



Wellness Team Members

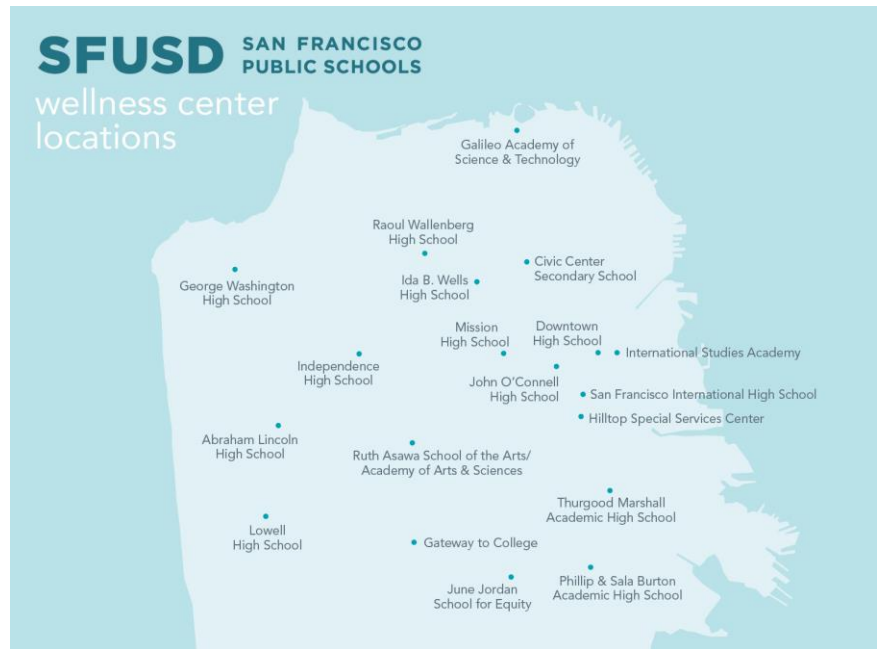
Wellness Coordinator
Katrina Southard

Community Health Outreach Worker
Wade King-Gallman

School District Nurse
Tia Paneet

Behavioral Health Therapists
Marcelle Van Buren, Derrick Lam (RAMS)

Interns
Sheila Rivera (RAMS)
Steve Gomes (DPH)
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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2013-14 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.