

## Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

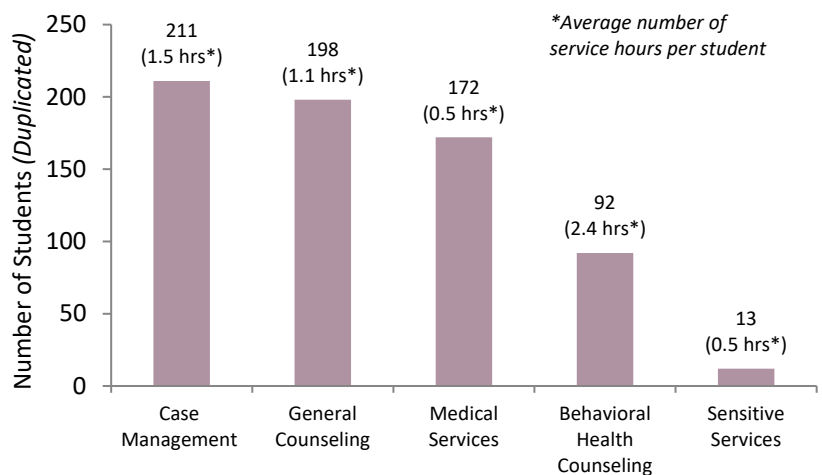
Total Number of Youth Served	359 (unduplicated) 54% of the student population (614 in 2015-16)
Total Number of Service Hours	1033 hours (an average of 3.1 hours per student)
Student Drop-Ins	24 students† visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 4,392 student contacts.†

### Outreach & Education Highlights†

Wellness provided 125 health promotion activities† reaching 8,665 students† (duplicated), including:

- Expect Respect: Healthy Relationships Presentations
- Body Aloud Presentations on PositiveBody Image, Self Esteem, and Nutrition
- Love Fest
- Wellness Orientations for new students
- Classroom Presentations on Sexual Decision Making and STI's; Drugs and Alcohol Use; Anti-Vaping; and Cyber Etiquette
- Parent Education Workshop on Healthy Sleep and Nutrition

### Top Five Types of Services by number of students served



**“The school nurse is extremely kind to everyone; I had an intense migraine, she not only addressed physical properties of my condition, but attempted to ease emotional anxiety as well. She's easily my favorite staff member at School of the Arts.”**

- SOTA Student

### Student Support Groups

Wellness organized 9 groups and clubs reaching 87 students†, including:

- Body Aloud Group
- Q Group
- Young Men's Health Groups
- Peer Support Group
- Latino Student Group
- Horizons Substance Use Prevention Groups
- Youth Outreach Workers Program

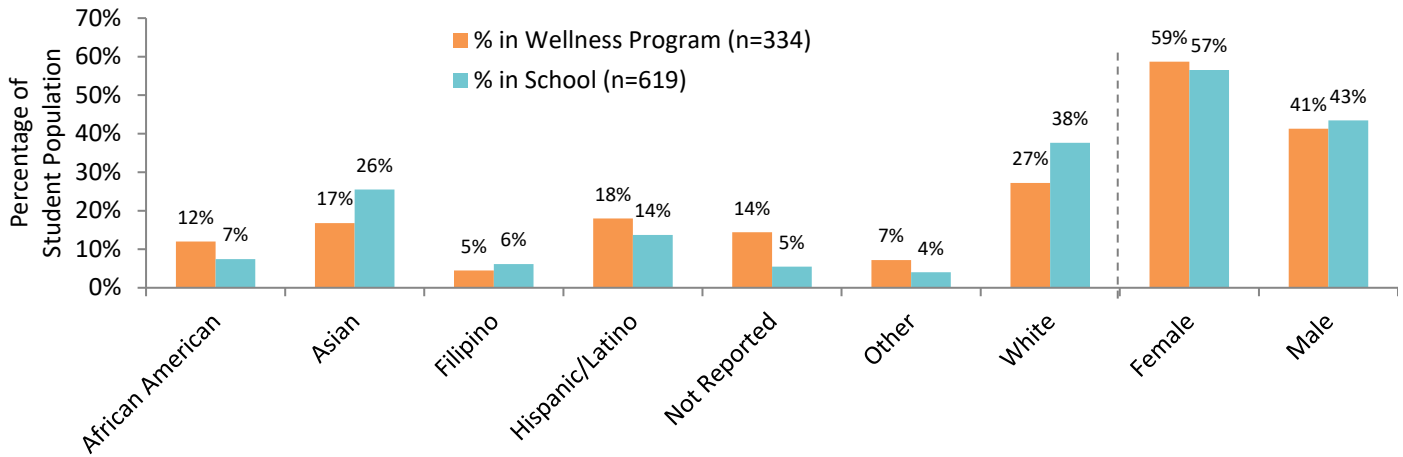
### Community Partners

Wellness collaborated with 1 community-based organization:

- Ohlhoff Recovery Programs

†These numbers combine statistics from both Ruth Asawa School of the Arts and the Academy of Arts & Sciences and represent both schools.

## Comparison of Student Demographics in School and Wellness Program Population



## Wellness Team Members

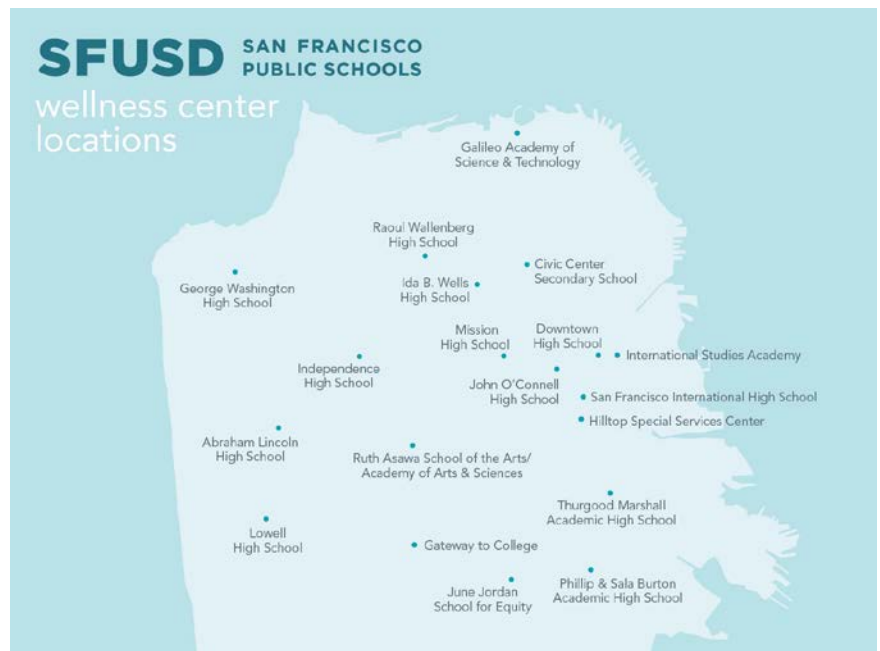
**Wellness Coordinator**  
Robert Francoeur

**Community Health Outreach Worker**  
Cynthia Cevallos, Kimberlynn Acevedo

**School District Nurse**  
Kelsey Hulse

**Behavioral Health Therapist**  
Mario Tobo (RAMS)

**Interns**  
Cary Ann Rosko (RAMS)  
Karen Liu (SIT)  
Loren RothBerry (Foster Youth Services)



## Contact

555 Portola Drive  
San Francisco, CA 94131  
(415) 695-5755  
sota@sfwellness.org  
www.sfwellness.org

Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2013-14 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

*Partnering to support student health and well-being.*