

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

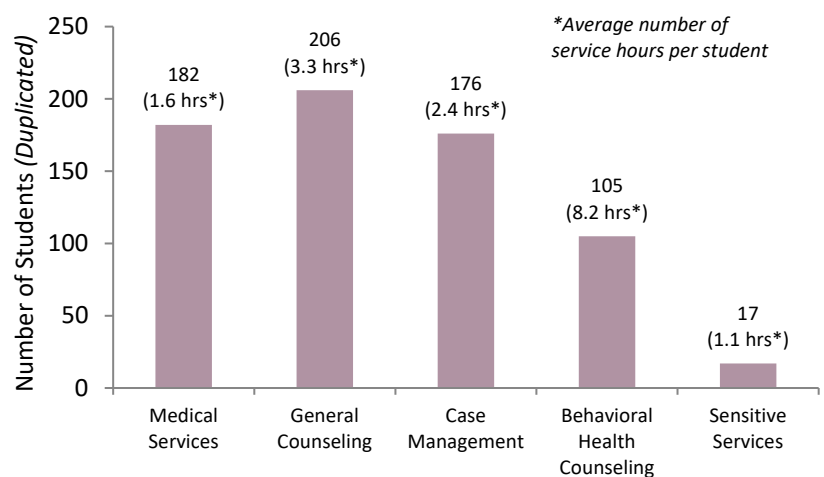
Total Number of Youth Served	286 (unduplicated) 90% of the student population (319 in 2015-16)
Total Number of Service Hours	3,311 hours (an average of 11.5 hours per student)
Student Drop-Ins	58 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 10,548 student contacts .

Outreach & Education Highlights

Wellness provided 59 health promotion activities reaching 2,324 students (duplicated), including:

- Young Women's Health and Leadership Conference & Field Trip
- Health Fair/Carnival
- Outspoken: a play that examines stereotypes, labeling, and intersecting identities
- Classroom Presentations on *Healthy Relationships*; Wellness 101, What is Therapy, Street Drugs – Xanax, and coordinated several Health Presentations

Top Five Types of Services by number of students served



“The Wellness Center makes me feel safe and I know it is a place where people can support me if I ever feel down. They understand me and I can come here and feel comfortable in being myself.”

- John O'Connell Student

Student Support Groups

Wellness organized 14 groups and clubs reaching 130 students, including:

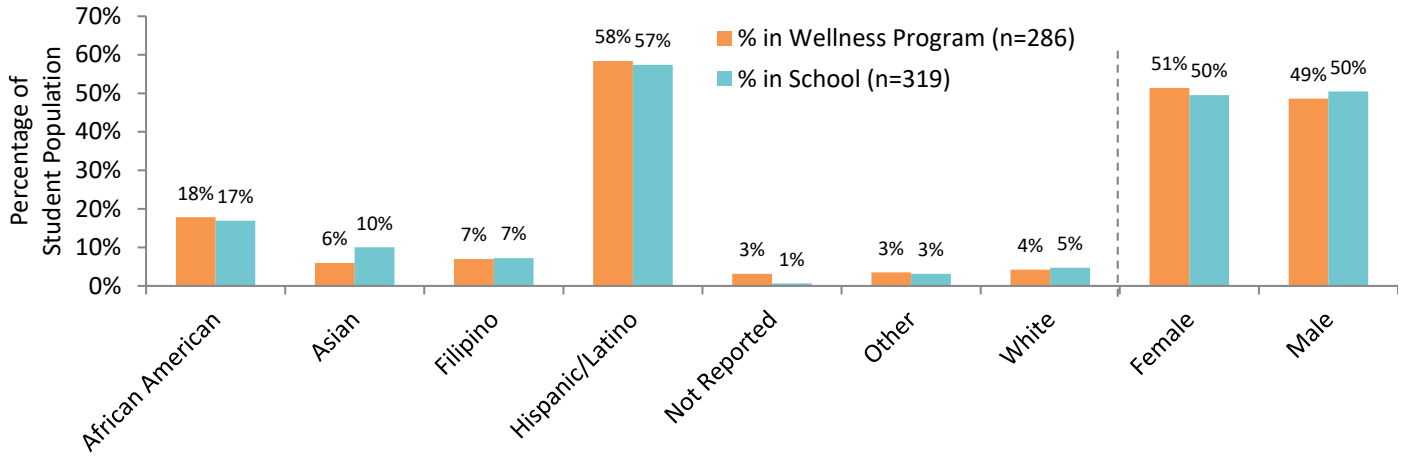
- Asian Culture Club
- Gay Straight Alliance
- Project Arrive Mentoring Group
- Q Group
- Young Men's Health Group
- Young Women's Group
- Youth Outreach Worker Program

Community Partners

Wellness collaborated with 7 community-based organizations, including:

- Breathe California
- CARECEN (Central American Resource Center)
- Horizons Unlimited
- La Casa de las Madres
- LYRIC
- Mission Girls
- MoMagic
- Ohlhoff Recovery Programs

Comparison of Student Demographics in School and Wellness Program Population



Wellness Team Members

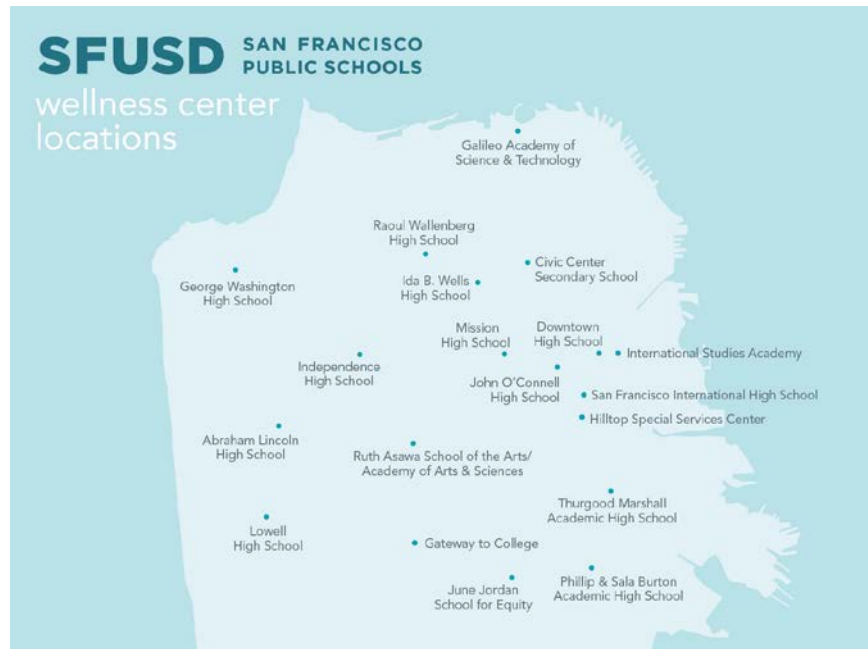
Wellness Coordinator
Carley Amigone

Community Health Outreach Worker
Valentina Bravo

School District Nurse
Audrey Stout

Behavioral Health Therapists
Steve Taka (RAMS)

Interns
Benu Lahiry (RAMS)
Clelia Fernandez (FYS)
Laura Hahn (SIT)



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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2013-14 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.