

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

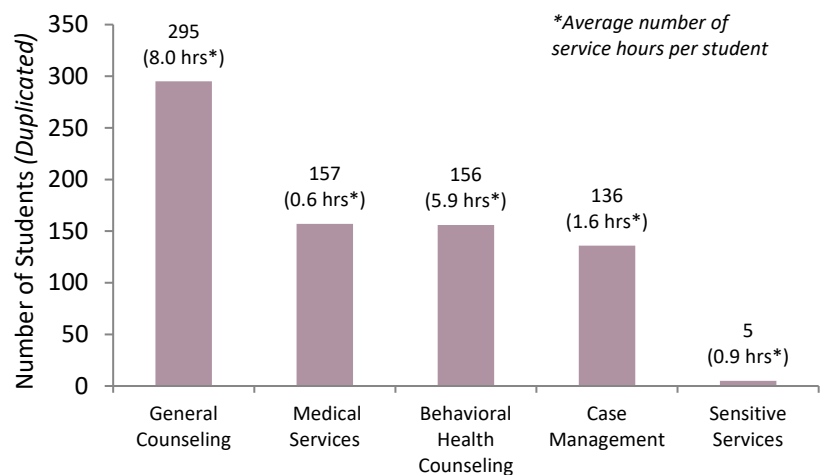
Total Number of Youth Served	385 (unduplicated) 87% of the student population (444 in 2015-16)
Total Number of Service Hours	3,624 hours (an average of 9.4 hours per student)
Student Drop-Ins	150 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 27,072 student contacts .

Outreach & Education Highlights

Wellness provided 70 health promotion activities reaching 16,868 students (duplicated), including:

- Safety on Social Media Assembly
- Monthly Giveaway of food and snacks from the Food Bank and Veritable Vegetable
- Food Tasting and Cooking demonstrations
- Wellness Health Fair
- Classroom Presentations on Wellness 101; Alcohol & Tobacco; Birth Control; Healthy Breakfasts; and Stress & Mental Health
- Staff Professional Development on Wellness 101

Top Five Types of Services by number of students served



"...It's a great place where one finds support, understanding and love for students. They help a lot of kids, just like they are helping me."

- Thurgood Marshall Student

Student Support Groups

Wellness organized 11 groups and clubs reaching 162 students, including:

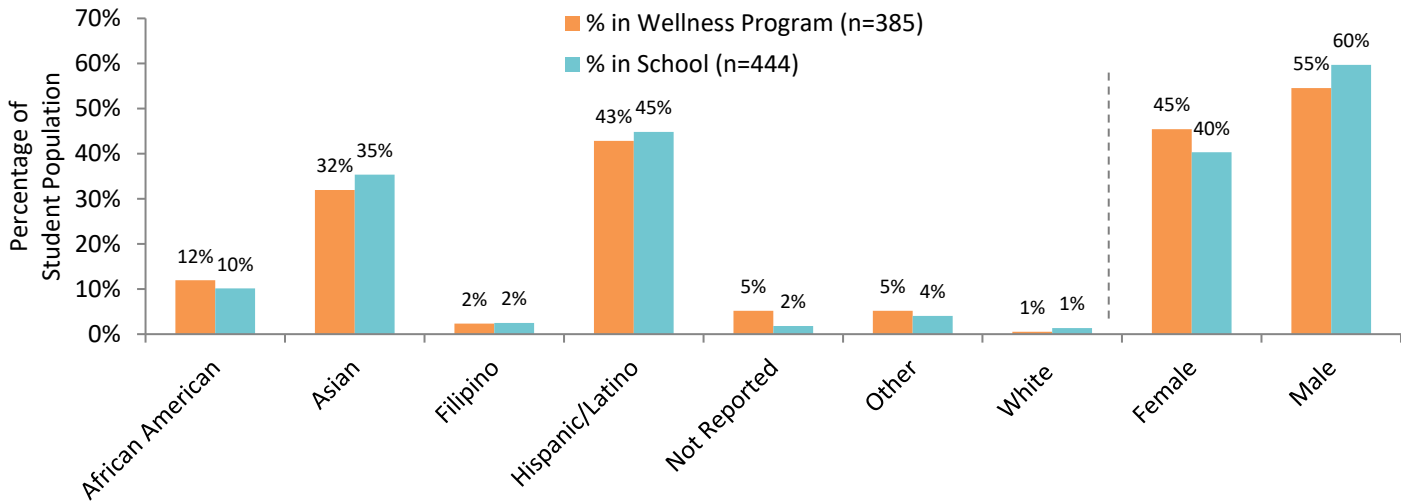
- Bayview YMCA Young Women's Support Group
- Newcomer Support Group (for newly arrived immigrant youth)
- Instituto Familiar de la Raza Girls and Boys Groups
- RAMS Trauma Grief and Loss Groups (supporting Girls and Boys)
- Vietnamese YDC Newcomer Group
- Nutrition Outreach Workers Program
- Q Group
- Young Men's Health Group
- Youth Outreach Workers Program

Community Partners

Wellness collaborated with 12 community-based organizations, including:

- 3rd Street Youth Clinic
- Bayview YMCA
- Bayview Hunters Point Foundation
- Community Youth Center
- Edgewood Center for Children and Families
- Horizons Unlimited
- Instituto Familiar de la Raza
- Mission Neighborhood Center
- New Generations Clinic
- Ohlhoff Recovery Programs
- SF Violence Intervention Team
- Vietnamese Youth Development Center

Comparison of Student Demographics in School and Wellness Program Population



Wellness Team Members

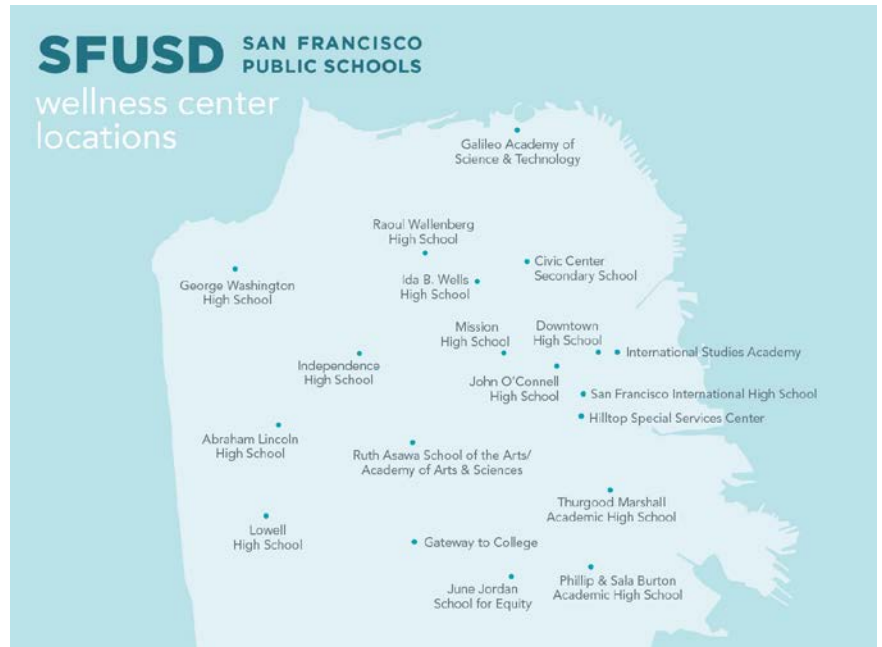
Wellness Coordinator
Wendy Snider

Community Health Outreach Workers
Jessie Escobar

School District Nurse
Elizabeth Latasa

Behavioral Health Therapists
Caya Schaan (RAMS)
Francis Calero (RAMS)

Interns
Tupi Worku (RAMS)
Casey Gold (SIT)
Wade King-Gallman (Foster Youth Services)



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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2013-14 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.