

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

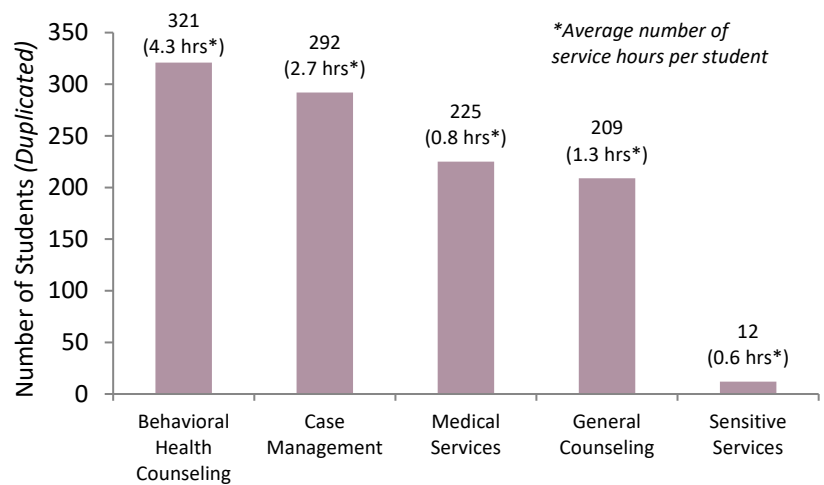
Total Number of Youth Served	704 (unduplicated) 35% of the student population (2,046 in 2015-16)
Total Number of Service Hours	5,946 hours (an average of 8.4 hours per student)
Student Drop-Ins	66 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 11,880 student contacts .

Outreach & Education Highlights

Wellness provided 36 health promotion activities reaching 4,233 students (duplicated), including:

- Teens Tackle Tobacco Assembly
- Gay Day Assembly
- Nicotine Kahoot
- Pink Tsunami
- SpringFest
- Health Idol 2014
- Classroom Presentations on Health Relationships; Stress; Sexual Health; LGBT Vocabulary; and Importance of Healthy Breakfast
- Staff Professional Development on Mindfulness; and Life-Threatening Health Conditions

Top Five Types of Services by number of students served



“The Wellness Program impacted me in so many ways. They helped me with health, family, friends, and partner issues. Most adults think relationships between teenagers are superficial, Wellness respect all kinds of relationships. This includes the relationship I have with myself..”

- Lincoln Student

Student Support Groups

Wellness organized 15 groups and clubs reaching 341 students, including:

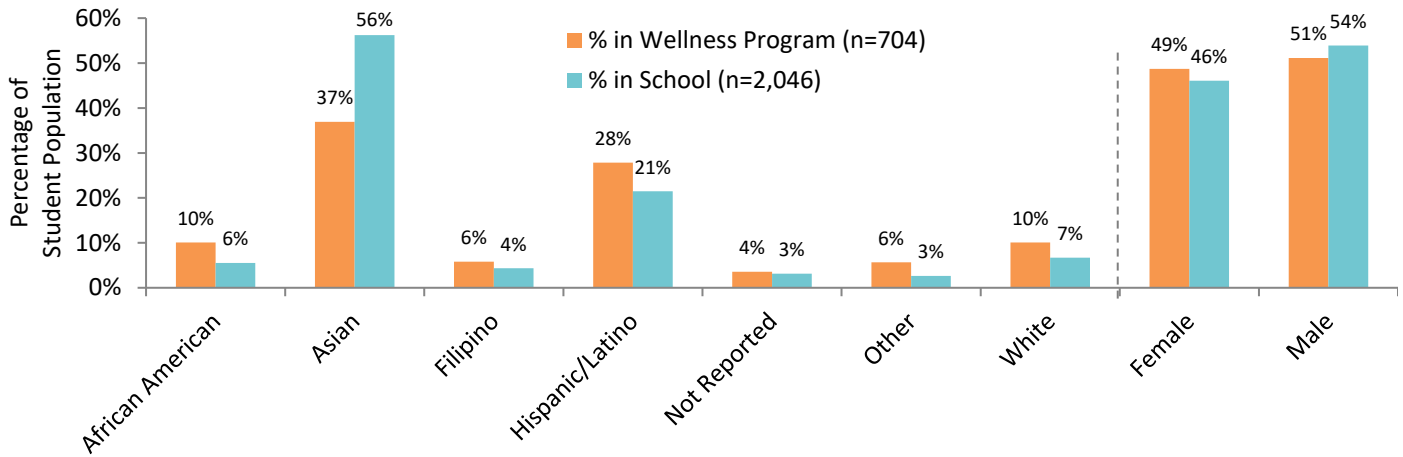
- 9th Grade Boys Transition Group
- Circus Club
- Hip Hop Performance Club
- Mission Girls Group for Latina Girls
- Latino Boys' Support Group
- Newcomer Club for Cantonese-speaking students
- Lincoln Mustangs Funny Actors Organization (LMFAO)
- Samoan Community Lunchtime Support Group
- Q Group
- Youth Outreach Workers Program

Community Partners

Wellness collaborated with 6 community-based organizations, including:

- Community Youth Center
- Edgewood
- Hearing and Speech Center
- Ohlhoff Recovery Programs
- Oakes Children's Center
- Instituto de la Raza

Comparison of Student Demographics in School and Wellness Program Population



Wellness Team Members

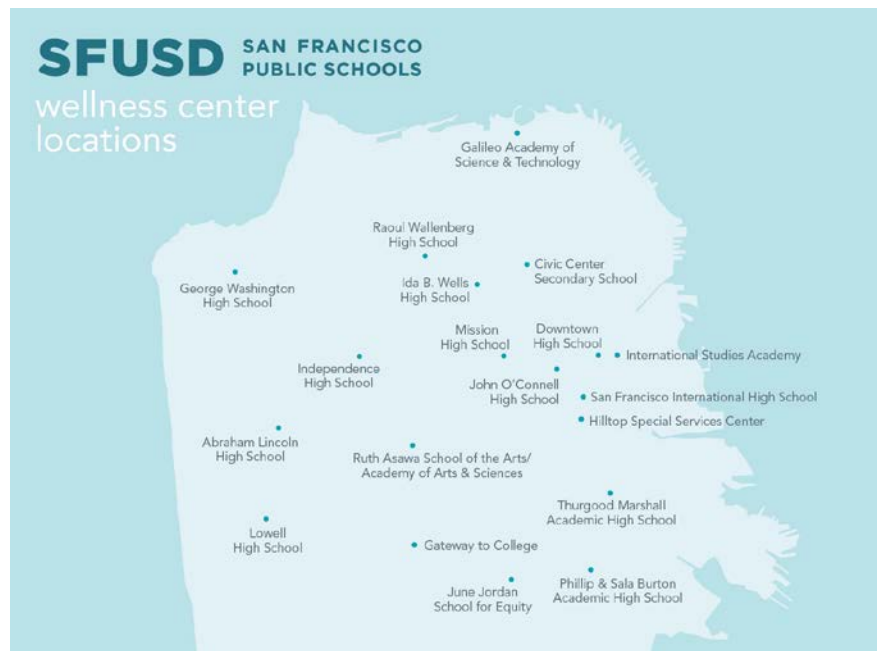
Wellness Coordinator
Kristen Edmonston

Community Health Outreach Worker
Ian Enriquez

School District Nurse
Stuart Dick

Behavioral Health Therapists
Stephanie Yuen (RAMS)
Jennifer Boyd (RAMS)

Interns
Rachel Stires-Tombari (RAMS)
Roger Kuhn (SIT)



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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2013-14 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.