

Wellness Program Service Summary

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

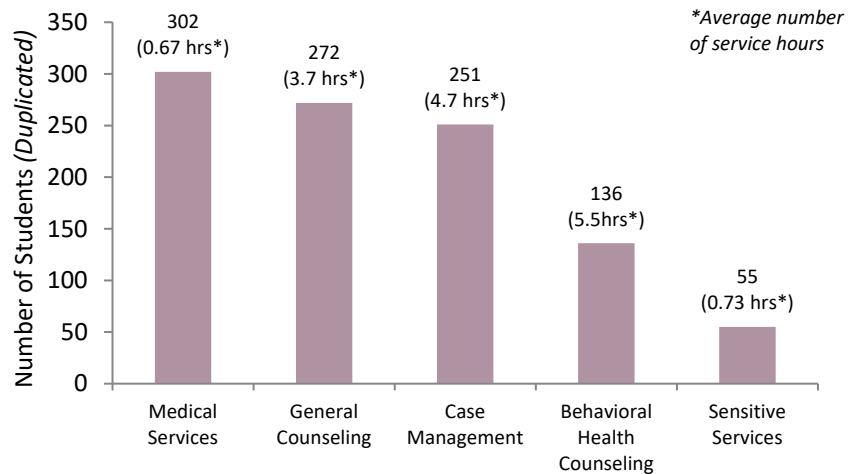
Total Number of Youth Served	555 (unduplicated) 53% of the student population (1,033 in 2015-16)
Total Number of Service Hours	3,582 hours (an average of 6.4 hours per student)
Student Drop-Ins	45 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 8,100 student contacts .

Outreach & Education Highlights

Wellness provided 49 health promotion activities reaching 5,838 students (duplicated), including:

- Wellness Health Fair
- Day of Silence
- Anti-Bullying Photo Booth
- Tabling Event: Rethink your Drink
- Summer Opportunity Fair
- DRUMMM Event for Project Arrive
- Classroom Presentations on Nutritious Cooking; Marijuana, E-Cigarettes, Drugs & Alcohol; Healthy Relationships; "Know Your Rights"; and Displacement and Gentrification

Top Five Types of Services by number of students served



"Well they saw the letter that I wrote about my mom and my dad how they both passed away. And then I started coming here because they are the only adults I trust about my problems."

- Burton Student

Student Support Groups

Wellness organized 14 groups and clubs reaching 140 students, including:

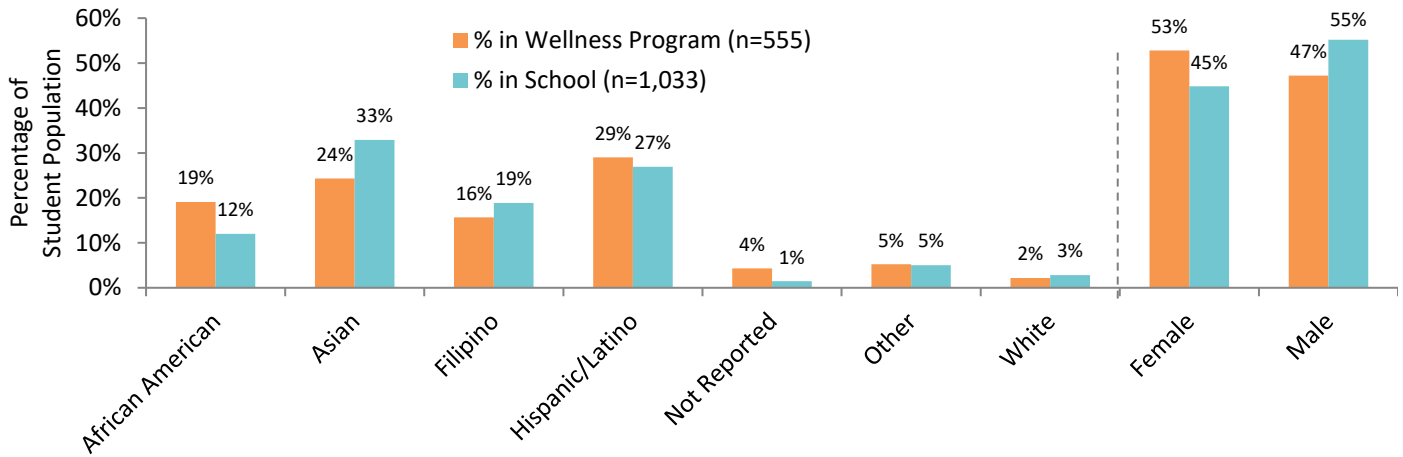
- Project Arrive Boys & Girls Groups providing school support and mentorship to 9th graders
- Queer Group
- SFWAR Group promoting female empowerment and preventing sexual assault
- Girls Group for young women of color to explore aspects of societal oppression and empowerment
- College Prep Group for African American boys
- Asian Pacific Islander Violence Prevention Group
- Young Men's Health Group
- Youth Outreach Workers Program

Community Partners

Wellness collaborated with 10 community-based agencies, including:

- 3rd Street Youth Clinic
- Breathe CA
- Community Youth Center
- Filipino Community Center
- SF Women Against Rape (SFWAR)
- Southeast Child/Family Therapy Center
- Vietnamese Youth Development Center
- Health Initiatives for Youth
- 100% College Prep
- UCSF (School of Medicine, Young Women's Health)

Comparison of Student Demographics in School and Wellness Program Population



Wellness Team Members

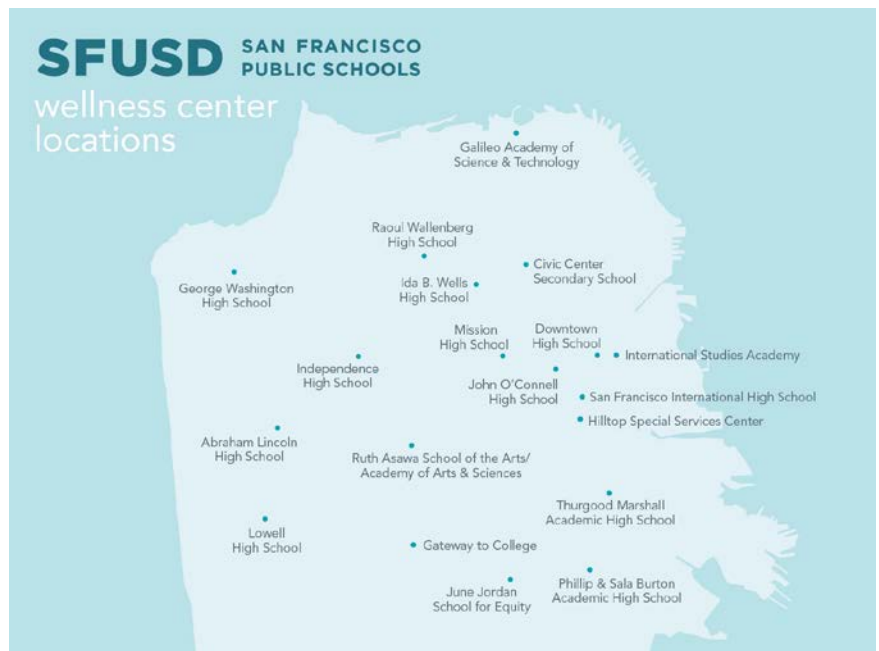
Wellness Coordinator
Katrina Southard

Community Health Outreach Worker
Jimmy Zhang

School District Nurse
Lorna Kwok

Behavioral Health Therapists
Reina Turner (RAMS)

Interns
Sophia Lau (SIT)



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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2014-15 school year.

In "The Top Five Types of Services" chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students' health needs. Sensitive Services refers to reproductive health services.

In the "Comparison of Student Demographics" chart, the "Other" race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.