

The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

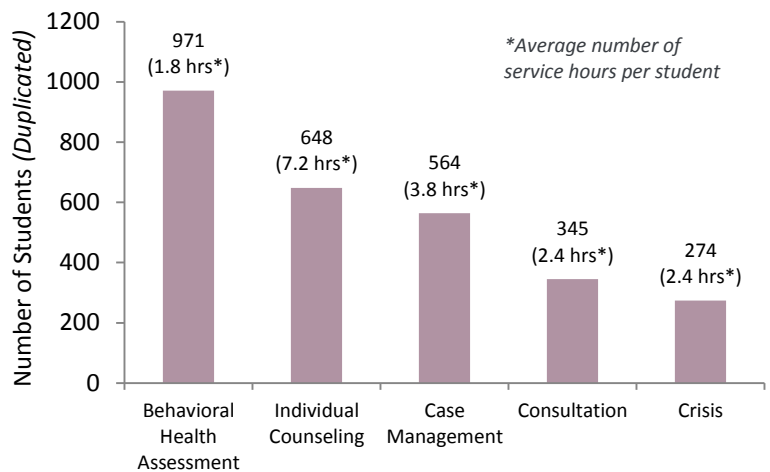
Total Number of Youth Served	1,538 (unduplicated) 21% of 7,289 (the number of students served in the Wellness Programs across all 19 sites in 2013-14)
Total Number of Direct Service Hours	11,059 hours (an average of 7.2 hours per student)
Locations of Programs with RAMS Staff	Academy of Arts & Sciences/SOTA, Burton, Civic Center, Downtown, Galileo, Ida B. Wells, ISA, June Jordan, Lincoln, Lowell, Marshall, Mission, O'Connell, SF International, Wallenberg, Washington

RAMS Service Highlights

RAMS (Richmond Area Multi-Services, Inc.) is the core behavioral health provider at the Wellness Programs. 15 of the 19 Wellness sites have full-time and/or part-time RAMS counselors, case managers, interns, and/or volunteers.

- In 2013-14, a total of 32 RAMS staff members provided services across 15 Wellness sites.
- RAMS provided assessments and individual counseling to a total of **934** students (unduplicated).
- The majority (**75%**) of students participating in these 1:1 services received between 1-5 visits.

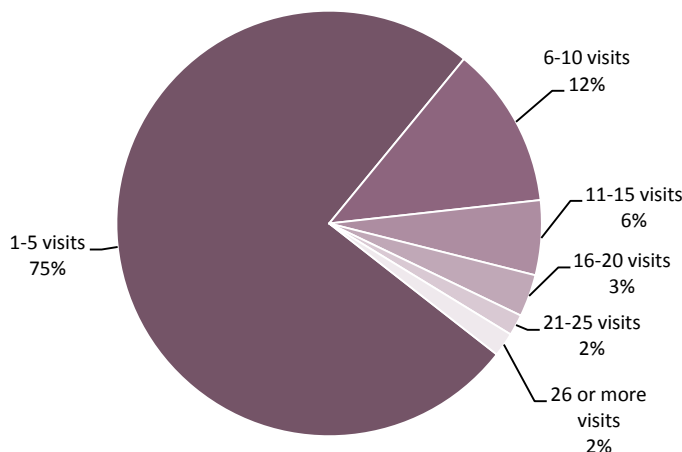
Top Five Types of Services by number of students served



"I love and enjoy therapy and am a huge advocate for it. I've learned more about myself, my learning style at school, and how to cope with situations and stress."

- Student, Lowell High School

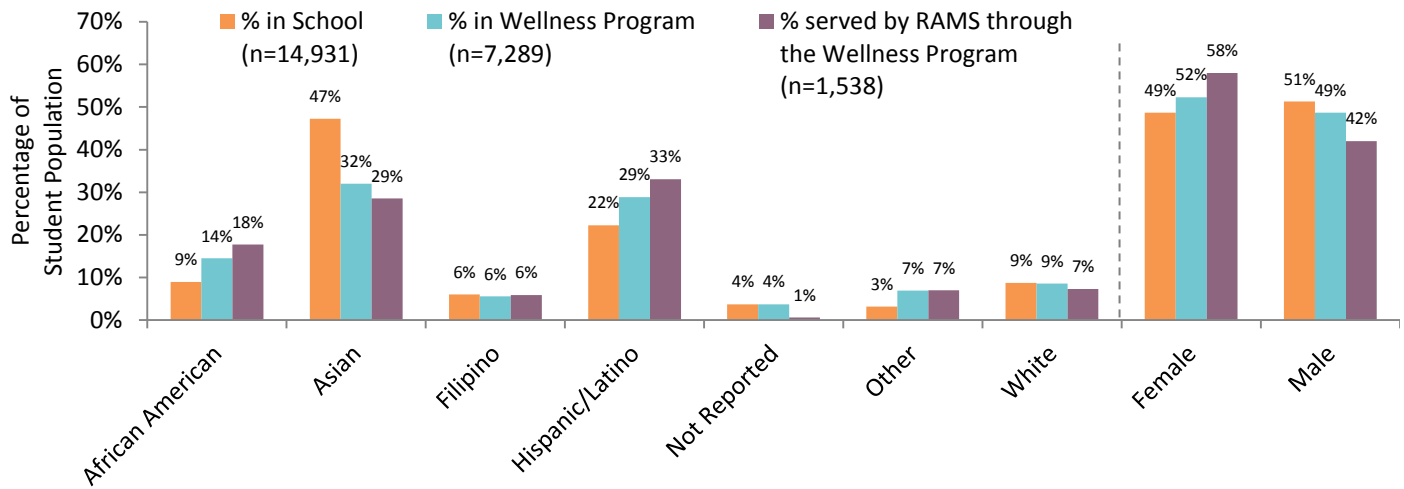
Frequency of RAMS 1:1 Client Visits



Top Issues Addressed by RAMS



Comparison of Student Demographics in School, Wellness, and RAMS Population



“One of my students was on the verge of dropping out. She started seeing a Wellness therapist and now she’s actually doing work in class.”

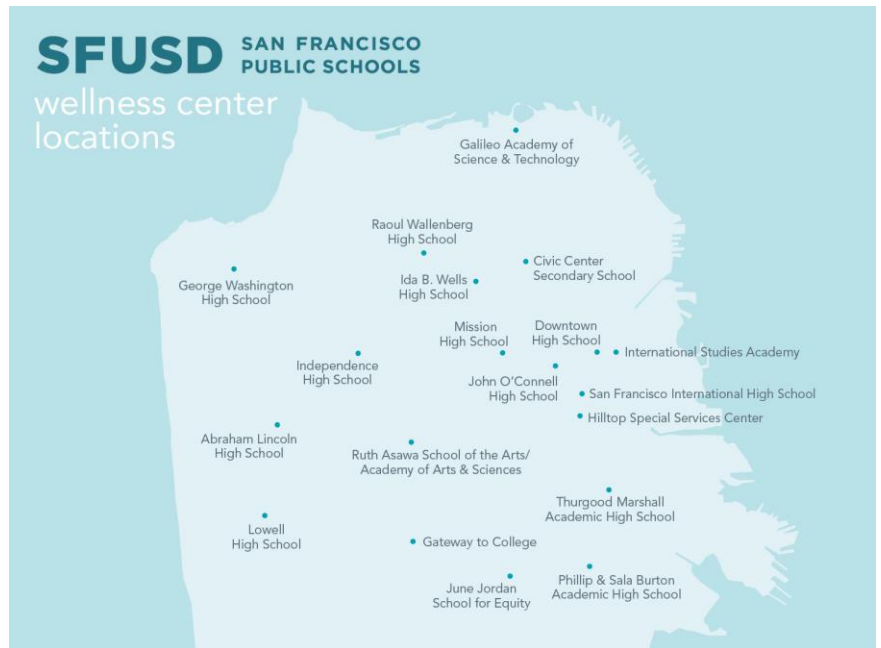
- Teacher, Washington High School

Contact

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www.ramsinc.org

www.sfwellness.org



Data on RAMS services and demographics of student participants was obtained from the RAMS daily log managed by ETR. Data on demographics of the total Wellness client population was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families. Data on SFUSD student demographics was obtained from CALPADS managed by the California Department of Education at <http://dq.cde.ca.gov/dataquest>. The CALPADS and CMS information reflects data available during the 2013-14 school year.

In the “Comparison of Student Demographics” chart, the “Other” race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

Partnering to support student health and well-being.

San Francisco Department of Public Health

San Francisco Department of Children, Youth and Their Families

San Francisco Unified School District